

OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 1 Women 100 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 3:20 PM****West Region: 12.12 2002 Emily JOHNSON/J. F. Ross**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Courtney Wright	Jacob Hespeler - Cambridge	13.41
2	Jocelyn McGlynn	Ursuline College - Chatham	13.69
3	Madeline McCloskey	Essex - Essex	12.63
4	Stacey Henshaw	Lord Dorchester - Dorchester	13.67
5	Jayden Anderson-Johnston	F. E. Madill - Wingham	13.88
6	Tatum Dietrich	Resurrection - Kitchener	13.23
7	Ali Meyerink	Orangeville - Orangeville	13.17
8	Dashel Serieux	St. Mary's - Kitchener	13.38
Heat 2 of 2 Prelims			
1	Onaope Egbedeyi-Emmanuel	Vincent Massey - Windsor	13.03
2	Jasmine Hurst	General Amherst - Amherstburg	13.14
3	Kadianne Webb	Chatham-Kent - Chatham	13.47
4	Tiffany Hanham	Sir Frederick Banting - London	13.72
5	Olivia Valiquette	St. Michael - Stratford	13.87
6	Alicia Johnson	St. Christopher - Sarnia	13.31
7	Sydney Fisher	London Central - London	13.35
8	Ciara Lark	Walkerton - Walkerton	13.52

Event 2 Men 100 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 3:20 PM****West Region: 11.18 2006 Corey CRAWLEY, A.B. Lucas**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Will Davidson	Medway - Arva	12.89
2	Ranz Rampillo	Holy Names - Windsor	11.64
3	Alex Salytchev	Preston - Cambridge	12.07
4	Nyro Hang	Vincent Massey - Windsor	12.05
5	Graham Brulotte	Lord Dorchester - Dorchester	12.90
6	Juarez Stewart	Assumption College - Brantford	12.42
7	Mitchell Fife	Orangeville - Orangeville	12.40
8	Joey Eddleston	St. Christopher - Sarnia	11.79



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Heat 2 of 2 Prelims...(Event 2 Men 100 Meter Midget)

1	Antonio Bosnjak	St.Thomas Aquinas - London	12.57
2	Luke Medeiros	St.Thomas Aquinas - London	12.53
3	Nick Bissonette	Resurrection - Kitchener	12.39
4	Jonathan Cebulak	Holy Trinity - Simcoe	12.39
5	Justin Elms	Woodstock - Woodstock	12.93
6	Connor Rosaasen	St Thomas of Villanova-Lasalle	11.54
7	Braeden Braccio	St. Anne - Windsor	12.03
8	Kingboy Douglas	St. Joseph's - Windsor	11.97

Event 3 Women 200 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 02/06/2012 - 10:00 AM****West Region: 24.70 2002 Emily JOHNSON/J. F. Ross**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Gina McNally	North Lambton - Forest	26.89
2	Lauren Laing	Saunders - London	28.45
3	Tiffany Hanham	Sir Frederick Banting - London	27.56
4	Morgan Muzzatti	Sandwich - Windsor	27.92
5	Stacey Henshaw	Lord Dorchester - Dorchester	27.88
6	Jasmine Hurst	General Amherst - Amherstburg	26.71
7	Alicia Johnson	St. Christopher - Sarnia	27.80
8	Elissa Wilson	St. Christopher - Sarnia	28.55
Heat 2 of 2 Prelims			
1	Jayden Anderson-Johnston	F. E. Madill - Wingham	27.82
2	Sarah Welch	John F. Ross - Guelph	27.92
3	Sydney Fisher	London Central - London	27.26
4	Dashel Serieux	St. Mary's - Kitchener	27.54
5	Emily McCurdy	Assumption College - Brantford	28.41
6	Zahra Sepahi	Waterloo - Waterloo	28.73
7	Madeline McCloskey	Essex - Essex	26.48
8	Ali Meyerink	Orangeville - Orangeville	27.86



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 4 Men 200 Meter Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Saturday 02/06/2012 - 10:00 AM

West Region: 22.69 1993

Andrew BECKFORD / Kitchener CI

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Davis Edward	Oakridge - London	23.52
2	Aaron Hudali	Cameron Heights - Kitchener	25.78
3	Mitchell Fife	Orangeville - Orangeville	25.09
4	Ildemaro Ponnambalam	St. David - Waterloo	24.55
5	Ranz Rampillo	Holy Names - Windsor	23.98
6	Nick Bissonette	Resurrection - Kitchener	25.73
7	Anthony Zina	ES L'Essor - Tecumseh	24.61
8	Luke Medeiros	St.Thomas Aquinas - London	24.96
Heat 2 of 2 Prelims			
1	Antonio Bosnjak	St.Thomas Aquinas - London	24.68
2	Kingboy Douglas	St. Joseph's - Windsor	24.27
3	Connor Rosaasen	St Thomas of Villanova-Lasalle	23.45
4	Sebastian Vanin	Catholic Central - London	25.37
5	Joey Heath	Our Lady of Lourdes - Guelph	25.91
6	Austin Oulds	Chatham-Kent - Chatham	24.75
7	Fernando De La Rosa	Catholic Central - London	25.29
8	Nyro Hang	Vincent Massey - Windsor	24.47

Event 5 Women 400 Meter Midget

Friday 01/06/2012 - 4:00 PM

West Region: 57.3h 1982

Donalda DUPREY / Pt. Elgin-Saugeen

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Olivia Valiquette	St. Michael - Stratford	1:04.69
2	Aleah Marton	General Amherst - Amherstburg	1:04.52
3	Gigi Joseph	A.B. Lucas - London	1:04.48
4	Emily McCurdy	Assumption College - Brantford	1:03.14
5	Julia Moreau	St. David - Waterloo	1:03.16
6	Elissa Wilson	St. Christopher - Sarnia	1:04.49
7	Lauren Laing	Saunders - London	1:04.58
8	Lauren Thompson	F. E. Madill - Wingham	1:04.97



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Section 2 of 2 Timed Finals...(Event 5 Women 400 Meter Midget)

1	Gina McNally	North Lambton - Forest	1:02.70
2	Madison Hill	A.B. Lucas - London	1:01.58
3	Sarah Welch	John F. Ross - Guelph	1:01.06
4	Kailee Sawyer	Bluevale - Waterloo	57.32
5	Brianne Bracci	Vincent Massey - Windsor	59.16
6	Taya Ambrose	Mgsr. E.A. Doyle - Cambridge	1:01.14
7	Jasmine Hurst	General Amherst - Amherstburg	1:01.76
8	Shae-Lyn MacIsaac	F.J. Brennan - Windsor	1:02.96

Event 6 Men 400 Meter Midget

Friday 01/06/2012 - 4:00 PM

West Region: 50.91 1994

Jeff ELLIS / Orangeville

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Alex Petk	Sir Frederick Banting - London	57.53
2	Yonatan Ahferram	Cameron Heights - Kitchener	57.07
3	Joel LeBlanc	St Thomas of Villanova-Lasalle	56.48
4	Brendan Bohdanow	Brantford - Brantford	56.27
5	Kyle Denomme	Riverside - Windsor	56.38
6	Sebastian Vanin	Catholic Central - London	56.71
7	Mac Grenier	Lord Dorchester - Dorchester	57.40
8	Aaron Hudali	Cameron Heights - Kitchener	57.70

Section 2 of 2 Timed Finals

1	Andrew Newman	St. Clair - Sarnia	55.86
2	Stephen McEwen	Maranatha Christian - Windsor	53.84
3	Kalvin Mercier	Vincent Massey - Windsor	53.61
4	Giordanno LaCivita	Holy Names - Windsor	52.75
5	Mark Patton	Centre Wellington - Fergus	53.42
6	Ildemaro Ponnambalam	St. David - Waterloo	53.82
7	Fernando De La Rosa	Catholic Central - London	54.11
8	Ben McKelaar	Regina Mundi College - London	56.00

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OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 7 Women 800 Meter Run Midget

Saturday 02/06/2012 - 1:45 PM

West Region: 2:12.68 2002

Alyson KOHLMEIER/Sarnia-St. Patirck's

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Brianne Bracci	Vincent Massey - Windsor	2:20.88
7-1B	Madison Hill	A.B. Lucas - London	2:28.24
11-1C	Sarah VanWyk	London Christian - London	2:30.06
15-1D	Kaden Roy	F.J. Brennan - Windsor	2:37.96
1-2A	Kailee Sawyer	Bluevale - Waterloo	2:16.02
5-2B	Taylor Conte	St Thomas of Villanova-Lasalle	2:25.73
9-2C	Taya Ambrose	Mgsr. E.A. Doyle - Cambridge	2:28.58
13-2D	Amy Burke	Waterloo-Oxford - Baden	2:35.39
2-3A	Mackenzie Mayers	Sir Frederick Banting - London	2:16.68
6-3B	Sarah Kwajafa	South Huron - Exeter	2:26.32
10-3C	Ally MacDonald	London Central - London	2:29.37
14-3D	Georgia Auger	Northern - Sarnia	2:37.90
4-4A	Fiona Rocheleau	Vincent Massey - Windsor	2:22.42
8-4B	Jessica Martin	Saugeen District	2:28.27
12-4C	Paige Parker	John F. Ross - Guelph	2:32.61
16-4D	Anika Vanderhelm	Northern - Sarnia	2:40.96

Event 8 Men 800 Meter Run Midget

Saturday 02/06/2012 - 1:45 PM

West Region: 1:55.74 1989

Kevin Sullivan/Brantford-North Park

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Kalvin Mercier	Vincent Massey - Windsor	2:07.53
7-1B	Ty Moore	North Park - Brantford	2:11.58
11-1C	Max Neumann	Orangeville - Orangeville	2:12.66
15-1D	Mitchell Taylor	East Elgin - Aylmer	2:15.17
1-2A	Matt Pardo	General Amherst - Amherstburg	2:04.87
5-2B	Kyle Denomme	Riverside - Windsor	2:09.71
9-2C	Branden Ireland	Belle River - Belle River	2:12.24
13-2D	Teddy McGeen	Riverside - Windsor	2:14.17
2-3A	Mark Patton	Centre Wellington - Fergus	2:05.02
6-3B	Andrew Newman	St. Clair - Sarnia	2:11.00
10-3C	Adam Tait	South Huron - Exeter	2:12.31
14-3D	Yonatan Ahferram	Cameron Heights - Kitchener	2:14.42
4-4A	Wyatt Bye	Wellington Heights - Mount Fo	2:09.55
8-4B	Stephen DeJager	Goderich - Goderich	2:11.93
12-4C	Scott Harrison	Medway - Arva	2:13.93
16-4D	Bryan Emery	London South - London	2:17.76



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 9 Women 1500 Meter Run Midget

Friday 01/06/2012 - 6:20 PM

West Region: 4:33.99 1997

Erin MCLURE / Waterloo CI

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Leah Coon	St. John's College	5:11.16
2	Sarah Goudie	Saunders - London	5:18.35
3	Mackenzie Mayers	Sir Frederick Banting - London	4:55.38
4	Taylor Conte	St Thomas of Villanova-Lasalle	4:50.73
5	Nancy Ulicny	St. Anne - Windsor	5:07.11
6	Sarah Kwajafa	South Huron - Exeter	5:17.56
7	MacKenzie Martin	Medway - Arva	5:18.39
8	Brianne Bracci	Vincent Massey - Windsor	4:49.22
9	Nicole Hessels	Norwell - Palmerston	5:01.92
10	Madison Visscher	Woodland Christian - Breslau	5:03.61
12	Megan Black	North Lambton - Forest	5:19.48
13	Amy Burke	Waterloo-Oxford - Baden	5:14.16
14	Charlotte Prouse	London Central - London	4:49.10
15	Fiona Rocheleau	Vincent Massey - Windsor	4:55.27
16	Amy Zuccato	Cardinal Carter - Leamington	5:16.96

Event 10 Men 1500 Meter Run Midget

Friday 01/06/2012 - 6:20 PM

West Region: 4:00.0h 1986

Andrew DUTZ / London-Central

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Wyatt Bye	Wellington Heights - Mount Fo	4:33.10
2	Muhumed Sirage	Montcalm - London	4:12.14
3	Simon Wells	Centennial - Guelph	4:31.02
4	Adam Tait	South Huron - Exeter	4:32.81
5	Brendan Wallace	Vincent Massey - Windsor	4:27.20
6	Ben Harris	Sir Frederick Banting - London	4:39.32
7	Iir Lazoja	Cameron Heights - Kitchener	4:36.05
8	Harrison Ritchie	St. Michael - Stratford	4:45.27
9	Josh Kellier	Chatham-Kent - Chatham	4:29.78
10	Logan Buruma	Lambton Central - Petrolia	4:27.57
11	Willem Quosai	Centennial - Guelph	4:34.62
12	Cam Jowett	Holy Cross - Strathroy	4:41.45
14	Miles Matthews	Belle River - Belle River	4:21.27
15	Matt Pardo	General Amherst - Amherstburg	4:19.12
16	Jacob Rothera	Assumption College - Windsor	4:30.81



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 11 Women 3000 Meter Run Midget

Saturday 02/06/2012 - 3:00 PM

West Region: 9:48.0h 1986

Jennifer ARMSTRONG / London-South

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Charlotte Prouse	London Central - London	10:34.09
2	Lisa Gibson	Medway - Arva	12:22.03
3	Laura Travaglini	St.Thomas Aquinas - London	11:29.28
4	Amy Zuccato	Cardinal Carter - Leamington	11:57.03
5	Nicole Hessels	Norwell - Palmerston	11:02.39
6	Nancy Ulicny	St. Anne - Windsor	11:42.39
7	Jordan Ammoscato	Sandwich - Windsor	13:03.16
8	Sarah Hesman	London Central - London	11:22.66
9	Megan Black	North Lambton - Forest	12:02.60
10	Leah Brodovsky	Guelph - Guelph	11:45.86
11	Genevieve Yancy	E.J. Lajeunesse	12:14.27
12	Hannah Woodhouse	Georgian Bay SS	11:01.60
13	Caitlin Dermott	Orangeville - Orangeville	11:57.53
14	Fiona Rocheleau	Vincent Massey - Windsor	11:34.06
15	MacKenzie Martin	Medway - Arva	11:28.98
16	Madison Visscher	Woodland Christian - Breslau	11:29.55

Event 12 Men 3000 Meter Run Midget

Saturday 02/06/2012 - 3:00 PM

West Region: 8:47.3h 1979

Chris BREWSTER / London-Cath. Cen.

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Jared Ruest	Georgian Bay SS	9:36.72
2	Cam Jowett	Holy Cross - Strathroy	10:10.16
3	Jacob Rothera	Assumption College - Windsor	9:54.03
4	Miles Matthews	Belle River - Belle River	9:37.40
5	Ben Harris	Sir Frederick Banting - London	9:59.75
7	Dan Hilbers	Saugeen District	10:02.13
8	Aidan Snively	Assumption College - Windsor	10:08.95
9	Simon Wells	Centennial - Guelph	9:40.54
10	Ethan Gawne	Sir Wilfrid Laurier - London	10:14.85
11	Josh Kellier	Chatham-Kent - Chatham	10:04.48
12	Muhumed Sirage	Montcalm - London	9:14.73
13	Nehemiah Weldeab	Orangeville - Orangeville	10:08.72
14	Brendan Wallace	Vincent Massey - Windsor	9:40.72
15	Harrison Ritchie	St. Michael - Stratford	10:08.30
16	Nathan Outridge	Wallaceburg D S S	10:05.16



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 13 Women 80 Meter Hurdles Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 2:30 PM****West Region: 11.52 1996 Jessica ZELINKA / London-Banting**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Bella Efremenko	Cameron Heights - Kitchener	12.98
2	Mariet Wierenga	Ursuline College - Chatham	13.88
3	Reiley Dresser	St. Anne - Windsor	14.03
4	Serena Hunt	Kingsville - Kingsville	13.86
5	Tiffany Hanham	Sir Frederick Banting - London	13.59
6	Aleah Marton	General Amherst - Amherstburg	13.94
7	Emily McKay	Waterloo - Waterloo	12.97
8	Hayley Howes	Vincent Massey - Windsor	13.48
Heat 2 of 2 Prelims			
1	Marissa Carson	Medway - Arva	14.24
2	Logan Weigel	Centennial - Guelph	13.59
3	Charlotte Kitchener	Brantford - Brantford	13.34
4	Maggie Rooke	Ingersoll - Ingersoll	13.88
5	Martine Koestel	Centennial - Guelph	13.92
6	Maggie Lyons	Riverside - Windsor	13.16
7	Robyn Gruninger	Sir Frederick Banting - London	13.82
8	Lexi Aitken	St. Anne's - Clinton	12.50

Event 14 Men 100 Meter Hurdles Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 2:30 PM****West Region: 13.12 1998 Paul WHITTY / London-Saunders**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Caleb Cipkar	General Amherst - Amherstburg	15.59
2	Max Bannon	Medway - Arva	15.89
3	Keagon Croley	Sir Frederick Banting - London	17.76
4	Evan Falcone	Jacob Hespeler - Cambridge	16.31
5	Shane Salisbury	St. Clair - Sarnia	15.43
6	Alex Hudecki	Our Lady of Lourdes - Guelph	17.00
7	Davis Edward	Oakridge - London	13.91
8	Ross Johnston	Belle River - Belle River	16.00



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Heat 2 of 2 Prelims...(Event 14 Men 100 Meter Hurdles Midget)

1	Scott Herod	St. Benedict - Cambridge	17.04
2	Carter Franks	Grey Highlands - Flesherton	16.27
3	Mark Richter	Lambton Central - Petrolia	15.78
4	Maher Akhtar	Cameron Heights - Kitchener	15.39
5	Keelan Paliani	Medway - Arva	17.33
6	Josh Zwinlkes	Holy Cross - Strathroy	15.29
7	Josue Guillen-Santos	St. Joseph's - Windsor	16.02
8	Joey Anderson	Essex - Essex	15.70

Event 15 Women 300 Meter Hurdles Midget

Saturday 02/06/2012 - 11:30 AM

West Region: 43.80 1997 Jessica ZELINKA / London-Banting

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Lauren Thompson	F. E. Madill - Wingham	52.66
2	Reiley Dresser	St. Anne - Windsor	51.82
3	Julia Moreau	St. David - Waterloo	51.39
4	Kylie Perry	Hon. W.C. Kennedy - Windsor	50.94
5	Robyn Gruninger	Sir Frederick Banting - London	51.33
6	Anna Sutton	John F. Ross - Guelph	51.51
7	Lauren Coy	Northern - Sarnia	52.20
8	Jaslyn Forster	Medway - Arva	53.25

Section 2 of 2 Timed Finals

1	Claire Thompson	Ursuline College - Chatham	50.05
2	Sarah Goudie	Saunders - London	49.63
3	Maggie Lyons	Riverside - Windsor	49.10
4	Lexi Aitken	St. Anne's - Clinton	44.29
5	Kiana Chin	Huron Heights - Kitchener	48.93
6	Aleah Marton	General Amherst - Amherstburg	49.27
7	Rachel Avram	Cameron Heights - Kitchener	49.83
8	Emily McKay	Waterloo - Waterloo	50.55

Event 16 Men 300 Meter Hurdles Midget

Saturday 02/06/2012 - 11:30 AM

West Region: 40.41 28/05/2005 Jeremy Gibbons, Herman

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Tyson Stewart	Simcoe - Simcoe	47.58
2	Caleb Cipkar	General Amherst - Amherstburg	46.10
3	Spencer Cregan	Catholic Central - London	46.00
4	Kyle Webster	St. Thomas Aquinas - London	45.40
5	Keelan Paliani	Medway - Arva	45.29
6	Collin Tate	Pauline Johnson - Brantford	46.07
7	Jacob Fortin	Preston - Cambridge	47.42
8	Alex Hudecki	Our Lady of Lourdes - Guelph	48.07



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Section 2 of 2 Timed Finals...(Event 16 Men 300 Meter Hurdles Midget)

1	Shane Salisbury	St. Clair - Sarnia	45.19
2	Anthony Zina	ES L'Essor - Tecumseh	44.40
3	Brad Sato	Vincent Massey - Windsor	44.21
4	Davis Edward	Oakridge - London	41.57
5	Edwin Cipkar	Sandwich - Windsor	43.31
6	Kalvin Mercier	Vincent Massey - Windsor	44.23
7	Josh Zwinlkes	Holy Cross - Strathroy	44.93
8	Maher Akhtar	Cameron Heights - Kitchener	45.49

Event 17 Women High Jump Midget

Friday 01/06/2012 - 5:30 PM

West Region: 1.73m 1984

Leanne MADILL / Guelph-Centennial

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Madison Huzevka	Northern - Sarnia	1.40m
2	Lexi Aitken	St. Anne's - Clinton	1.60m
3	Robyn Frosst	Oakridge - London	1.45m
4	Reiley Dresser	St. Anne - Windsor	1.35m
5	Ciara Lark	Walkerton - Walkerton	1.50m
6	Hannah Dudney	Sandwich - Windsor	1.40m
7	Emily Herreman	Delhi - Delhi	1.45m
8	Ashley Wheeler	Stratford Central - Stratford	1.50m
9	Jaimee Clarke	South Huron - Exeter	1.45m
10	Kirsten Neuteboom	Grey Highlands - Flesherton	1.45m
11	Alison VanderWal	London Christian - London	1.45m
12	Emily McKay	Waterloo - Waterloo	1.56m
13	Anastasia Maslak	Ursuline College - Chatham	1.53m
14	Philipa Leato	Holy Trinity - Simcoe	1.50m
15	Emily Campbell	Lambton Central - Petrolia	1.45m
16	Jessica Shaw	Northern - Sarnia	1.35m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 18 Men High Jump Midget

Saturday 02/06/2012 - 10:00 AM

West Region: 1.90m 02/06/2007 Branden Wilhelm, Woodstock

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Tyler Whitbread	St. Clair - Sarnia	1.55m
2	Craig Valeriote	Our Lady of Lourdes - Guelph	1.65m
3	Noah Giovanatti	St Thomas of Villanova-Lasalle	1.50m
4	Matt Baxter	Medway - Arva	1.65m
5	Joel DeMoor	St. Christopher - Sarnia	1.58m
6	Jacob Fortin	Preston - Cambridge	1.68m
7	Randy Wouters	Stratford NW - Stratford	1.60m
8	Zachary Padayachy	Lambton Central - Petrolia	1.50m
9	Slade Simmons	Delhi - Delhi	1.74m
10	Spencer Blake	Holy Trinity - Simcoe	1.68m
11	Zev Weisdorf	H.B. Beal - London	1.68m
12	Scott Billings	London Central - London	1.60m
13	Cai Kellier	Chatham-Kent - Chatham	1.61m
14	Justin McKague	F. E. Madill - Wingham	1.74m
15	Brett McGugan	Northern - Sarnia	1.50m
16	Martin Klaperbein	Resurrection - Kitchener	1.71m

Event 20 Men Pole Vault Midget

Friday 01/06/2012 - 2:00 PM

West Region: 3.80m 1997 Frank KLUNDERT / Cardinal Carter

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Bryce Hughes	St. Anne - Windsor	2.15m
2	Brad Gyemi	St. Anne - Windsor	2.75m
3	Ian Cross	Cameron Heights - Kitchener	2.95m
4	Sam Peifer-Dawson	St.Thomas Aquinas - London	2.40m
5	Liam Higgins	Resurrection - Kitchener	2.40m
6	Mathew Van Brunschot	Sir John A Macdonald SS	2.65m
7	Thomas Weigl	Jacob Hespeler - Cambridge	2.75m
8	Jack Steen	St. Anne - Windsor	2.75m
9	Sean Vogan	Oakridge - London	2.60m
10	Kevin Holden	Huron Park - Woodstock	2.80m
11	Brock VanBerlo	St.Thomas Aquinas - London	3.00m
12	Bruce Lynch	Sir John A Macdonald SS	2.65m
13	Andrew Dunsmore	Stratford NW - Stratford	2.60m

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Windsor Timing



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 21 Women Long Jump Midget

Friday 01/06/2012 - 2:00 PM

West Region: 5.78m 1996

Jessica ZELINKA / London-Banting

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Kadianne Webb	Chatham-Kent - Chatham	4.58m
2	Leah Panek	Sandwich - Windsor	4.69m
3	Brittany Benjamin	Regina Mundi College - London	4.41m
4	Kiana Chin	Huron Heights - Kitchener	4.80m
5	Sydney Wootton	Saunders - London	4.82m
6	Elissa Wilson	St. Christopher - Sarnia	4.59m
7	Ashlin Taylor	Oakridge - London	4.68m
8	Serena Hunt	Kingsville - Kingsville	4.39m
9	Sarah France	Sir Frederick Banting - London	4.61m
10	Courtney Wright	Jacob Hespeler - Cambridge	4.76m
11	Elyse Balfour	Glencoe - Glencoe	4.70m
12	Anna Larsson	Sir John A Macdonald SS	5.10m
13	Jocelyn McGlynn	Ursuline College - Chatham	4.63m
14	Claire Thompson	Ursuline College - Chatham	4.46m
15	Logan Weigel	Centennial - Guelph	4.85m
16	Jenna McCurdy	Assumption College - Brantford	4.97m

Event 22 Men Long Jump Midget

Friday 01/06/2012 - 3:30 PM

West Region: 6.67m 1979

Ken BERRY / London-Laurier

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Brock VanBerlo	St.Thomas Aquinas - London	5.74m
2	Will Davidson	Medway - Arva	5.48m
3	Scott Billings	London Central - London	5.80m
4	Matt Pebenitio	St Thomas of Villanova-Lasalle	5.25m
5	Joel DeMoor	St. Christopher - Sarnia	5.26m
6	Mackenzie Oxley	Woodstock - Woodstock	5.59m
7	Zach Bolden	St. Mary's - Owen Sound	5.43m
8	Gee Maness	St. Clair - Sarnia	5.41m
9	Beau Janssen	Centre Wellington - Fergus	5.50m
10	Stephen McEwen	Maranatha Christian - Windsor	5.11m
11	Connor Neil	Sir Wilfrid Laurier - London	5.38m
12	Kevin Neuts	St Thomas of Villanova-Lasalle	5.03m
13	James McBride	St. David - Waterloo	5.56m
14	Jacob Metcalfe	Preston - Cambridge	5.49m
15	Ranz Rampillo	Holy Names - Windsor	5.46m
16	Wesley Tang	Waterloo - Waterloo	5.70m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 23 Women Triple Jump Midget

Saturday 02/06/2012 - 11:30 AM

West Region: 11.53m 28/05/2011 Angela Mercurio, St.Mary's-Kitche

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Jenna McCurdy	Assumption College - Brantford	9.79m
2	Kadianne Webb	Chatham-Kent - Chatham	9.85m
3	Elyse Balfour	Glencoe - Glencoe	10.34m
4	Alysia Morin	Kingsville - Kingsville	9.89m
5	Sarah France	Sir Frederick Banting - London	9.92m
6	Courtney Wright	Jacob Hespeler - Cambridge	10.31m
7	Hayley Howes	Vincent Massey - Windsor	10.08m
8	Anastasia Maslak	Ursuline College - Chatham	10.30m
9	Daniela Valente	St. Anne - Windsor	9.66m
10	Anna Larsson	Sir John A Macdonald SS	10.59m
11	Ashlin Taylor	Oakridge - London	10.69m
12	Kiana Chin	Huron Heights - Kitchener	9.76m
13	Leah Panek	Sandwich - Windsor	9.99m
14	Sydney Wootton	Saunders - London	10.06m
15	Sarah Kwajafa	South Huron - Exeter	9.75m
16	Bella Efremenko	Cameron Heights - Kitchener	9.86m

Event 24 Men Triple Jump Midget

Saturday 02/06/2012 - 1:30 PM

West Region: 13.78m 1994

Kriss PETERSON / LaSalle-Sandwich

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Yitong Zhao	London Central - London	11.79m
2	Jack Thomas	North Lambton - Forest	12.40m
3	Stephen Sarweh	St. Anne - Windsor	11.49m
4	Shane Clarke	Woodland Christian - Breslau	11.25m
5	Scott Billings	London Central - London	12.35m
6	Wesley Tang	Waterloo - Waterloo	11.33m
7	Stephen McEwen	Maranatha Christian - Windsor	12.68m
8	Christian Lippai	Stratford Central - Stratford	12.06m
9	Nevinn Becker	Sacred Heart - Walkerton	11.49m
10	Aramri Jones	Riverside - Windsor	11.73m
11	Logan Howard	Ursuline College - Chatham	11.53m
12	Justin McKague	F. E. Madill - Wingham	11.58m
13	Dylan Hathaway	Glencoe - Glencoe	12.01m
14	Gee Maness	St. Clair - Sarnia	11.69m
15	Slade Simmons	Delhi - Delhi	11.16m
16	Beau Janssen	Centre Wellington - Fergus	11.92m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 25 Women Shot Put Midget

Friday 01/06/2012 - 3:30 PM

West Region: 12.06m 1979

Liz POLYAK / Brantford-North Park

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Nicole Katerberg	Listowel - Listowel	8.13m
2	Courtney Gilbert	Delhi - Delhi	8.30m
3	Kyra Ridgwell	Erin - Erin	8.75m
4	Achianna Okutinyang	Sandwich - Windsor	9.44m
5	Calynn Claus	Delhi - Delhi	8.70m
6	Bridget Carleton	John McGregor - Chatham	8.74m
7	Ashley Herfst	John McGregor - Chatham	8.56m
8	Savannah LaRoche	Assumption College - Brantford	9.79m
9	Marlowe Schott	Elmira - Elmira	8.43m
10	Christina Hertner	Lord Dorchester - Dorchester	8.36m
11	Emily Campbell	Lambton Central - Petrolia	8.65m
12	Maddy Mooney	St. Anne - Windsor	8.49m
13	Baljot Deol	Tecumseh Vista Academy A	8.58m
14	Harlee Jantzi	Stratford Central - Stratford	8.95m
15	Tessa Mallough	Mother Teresa - London	8.40m
16	Emily Meier	F. E. Madill - Wingham	8.18m

Event 26 Men Shot Put Midget

Friday 01/06/2012 - 2:00 PM

West Region: 18.23m 1982

Dave CROMBEEN / Sarnia-St. Patrick's

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Andrew Jones	North Middlesex - Parkhill	13.47m
2	Will Davidson	Medway - Arva	12.68m
3	Maclean Haggarty	Pauline Johnson - Brantford	12.05m
4	Mohammad El-Nasser	Vincent Massey - Windsor	11.79m
5	Andrew Taphorn	Stratford NW - Stratford	13.04m
6	Kurtis Tamming	St. Christopher - Sarnia	12.73m
7	Curtis Lister	Tecumseh Vista Academy A	12.60m
8	Josh Horney	Chatham-Kent - Chatham	12.31m
9	Dan Skinner	Mitchell - Mitchell	12.61m
10	Threston Murray	John L. Forster S.S.	12.78m
11	Travis Wagner	Lambton Central - Petrolia	13.21m
12	Jakob Miller	Holy Trinity - Simcoe	12.50m
13	David Gutschon	Southwood - Cambridge	11.84m
14	David Khayipangi	Our Lady of Lourdes - Guelph	12.11m
15	Jesse Van Rees	Orangeville - Orangeville	11.79m
16	Noah Rolph	Parkside - St. Thomas	13.16m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 27 Women Discus Throw Midget

Saturday 02/06/2012 - 1:30 PM

West Region: 40.46m 1979

Liz POLYAK / Brantford-North Park

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Christina Hertner	Lord Dorchester - Dorchester	24.73m
2	Jory Fulcher	Lambton Central - Petrolia	25.40m
3	Calynn Claus	Delhi - Delhi	21.01m
4	Jaime Simons	St. David - Waterloo	20.06m
5	Tierney Probert	Tecumseh Vista Academy A	22.77m
6	Kayla Griffiths	St. Clair - Sarnia	21.55m
7	Shay Currah	St. Michael - Stratford	22.08m
8	Adrianna Blitterswyk	Pauline Johnson - Brantford	19.94m
9	Savannah Banks	Woodstock - Woodstock	21.00m
10	Jamie Simpson	Stratford NW - Stratford	26.78m
11	Harlee Jantzi	Stratford Central - Stratford	24.42m
12	Samantha Lynch	John F. Ross - Guelph	21.59m
13	Maggie Lyons	Riverside - Windsor	22.44m
14	Stephanie Milling	St. Joseph's - Windsor	25.35m
15	Anna Sawicki	Assumption College - Windsor	22.18m
16	Savannah LaRoche	Assumption College - Brantford	26.61m

Event 28 Men Discus Throw Midget

Saturday 02/06/2012 - 11:30 AM

West Region: 55.14m 2002

Joe POCOCK/Windsor

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Cameron MacAlpine	Lambton Central - Petrolia	35.83m
2	Maclean Haggarty	Pauline Johnson - Brantford	35.58m
3	Jakob Miller	Holy Trinity - Simcoe	39.32m
4	Jesse Van Rees	Orangeville - Orangeville	32.51m
5	Daniel Pearn	Riverside - Windsor	38.83m
6	Matt Bondy	General Amherst - Amherstburg	37.28m
7	Drew Desjarlais	Belle River - Belle River	34.73m
8	Andrew Taphorn	Stratford NW - Stratford	41.47m
9	Curtis Lister	Tecumseh Vista Academy A	35.40m
10	Stuart Cameron	F. E. Madill - Wingham	37.34m
11	Noah Rolph	Parkside - St. Thomas	44.85m
12	Tristan Cotter	Oakridge - London	39.24m
13	Jakob Prinzie	Catholic Central - London	38.48m
14	Ben Matthews	Assumption College - Brantford	33.02m
15	Boady Santavy	St. Christopher - Sarnia	36.16m
16	Brandon Toushan	Bluevale - Waterloo	32.80m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 29 Women Javelin Throw Midget

Saturday 02/06/2012 - 10:00 AM

West Region: 39.25m 2009

Brooke ROWLAND, Westside

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Marlowe Schott	Elmira - Elmira	26.07m
2	Tory Harshman	St. Mary's - Owen Sound	23.67m
3	Madeline McCloskey	Essex - Essex	30.05m
4	Sydney Jones	Elmira - Elmira	25.54m
5	Jamie Simpson	Stratford NW - Stratford	24.80m
6	Kyra Ridgwell	Erin - Erin	26.71m
7	Christina Hertner	Lord Dorchester - Dorchester	27.53m
8	Iejoma Staunton	Guelph - Guelph	23.76m
9	Kaela Collin	Lord Dorchester - Dorchester	30.36m
10	Rachel McLean	Glencoe - Glencoe	27.72m
11	Ashley Herfst	John McGregor - Chatham	25.70m
12	Bridget Carleton	John McGregor - Chatham	25.99m
13	Delany Bender	Clarke Road S S	28.05m
14	Taylor Parnham	Lambton Central - Petrolia	26.59m
15	Katie Clement	F.J. Brennan - Windsor	28.06m
16	Cianna Bechard	Chatham-Kent - Chatham	26.35m

Event 30 Men Javelin Throw Midget

Friday 01/06/2012 - 5:30 PM

West Region: 61.70m 1982

Dave CROMBEEN / Sarnia-St. Patrick's

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Trevor Tomlinson	Saugeen District	35.86m
2	Travis Garrity	St. Patrick's - Sarnia	40.76m
3	Shawn O'Connor	St. Michael - Stratford	36.53m
4	Zev Weisdorf	H.B. Beal - London	38.00m
5	Keegan Stratford	Galt - Cambridge	37.75m
6	David Gutschon	Southwood - Cambridge	37.82m
7	Gavin Ramsey	Essex - Essex	39.18m
8	Thomas Nitz	Glenview Park - Cambridge	39.17m
9	Devin Dabanovich	St. Christopher - Sarnia	37.10m
10	Noah Rolph	Parkside - St. Thomas	43.24m
11	Steven Jaworski	F.J. Brennan - Windsor	42.10m
12	Scott Herod	St. Benedict - Cambridge	35.76m
13	Jake Fraggis	Medway - Arva	46.66m
14	Steven Kim	Sir Frederick Banting - London	36.02m
15	Dallas Manley	Lambton Central - Petrolia	37.68m
16	Mitchell Ball	Chatham Christian - Chatham	37.96m



OFSAA West Regionals**Track and Field****University of Windsor Stadium - 01/06/2012 to 02/06/2012****Meet Program****Event 31 Women 4x100 Meter Relay Midget****Friday 01/06/2012 - 7:15 PM****West Region: 50.00 1996 LONDON - BANTING**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Medway - Arva	A	54.92
2	Cameron Heights - Kitchener	A	54.64
	1) Rachel Avram 2) Gabby Hankins	3) Olga Solodova	4) Bella Efremenko
3	St Thomas of Villanova-Lasalle	A	54.27
	1) Brooke O'Gorman 2) Lindsay Paling	3) Anca Enache	4) Lexus Guiotto
4	F. E. Madill - Wingham	A	54.09
5	Mother Teresa - London	A	54.18
	1) Michaela Valente 2) Zoe Cotton	3) Carolina Herrera	4) Cassidy Hill
6	Lambton Central - Petrolia	A	54.40
	1) Emily Campbell 2) Marika Fowler	3) Rachel Irvine	4) Cindy McCormick
7	Bluevale - Waterloo	A	54.64
	1) Kailee Sawyer 2) Claire Bergen	3) Emily Jensen	4) Rachel Dickie
8	St. David - Waterloo	A	55.98
	1) Claire Scott 2) Kirsten Pendlebury	3) Jessica Olsen	4) Toni Alberto
Section 2 of 2 Timed Finals			
1	Catholic Central - London	A	53.64
	1) Lauren Ferrara 2) Raven Newman	3) Jenna Quinn	4) Hannah Brown
2	John F. Ross - Guelph	A	53.58
3	Centennial - Guelph	B	53.39
	1) Logan Weigel 2) Montana Woolford Brown	3) Haylee Champagne	4) Samantha Leigh
4	Vincent Massey - Windsor	A	50.99
	1) Brianne Bracci 2) Onaope Egbedeyi-Emmanu	3) Reena Francis	4) Hayley Howes
5	Sandwich - Windsor	A	53.24
	1) Morgan Muzzatti 2) Leah Panek	3) Maya Jack-Popovich	4) Emily Hatton
6	Tecumseh Vista Academy A	A	53.58
	1) Selena Celic 2) Kelcie Dowdell	3) Sarah Lombardi	4) Amanda Mustapha
7	Saunders - London	A	53.59
8	Northern - Sarnia	A	53.74
	1) Jessica Shaw 2) Elaine Larocque	3) Georgia Auger	4) Madison Huzevka



**OFSAA West Regionals
Track and Field**

**University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program**

Event 32 Men 4x100 Meter Relay Midget

Friday 01/06/2012 - 7:15 PM

West Region: 45.37 2002 LASALLE-VILLANOVA

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	St. Mary's - St. Mary's	A	50.31
2	Medway - Arva	A	48.95
3	Cameron Heights - Kitchener	A	48.65
	1) Maher Akhtar 2) Thoun Burgess	3) Andy Tran	4) Aaron Hudali
4	St. Christopher - Sarnia	A	48.33
	1) Marco DiFederico 2) Joel DeMoor	3) Hayden Patterson	4) Joey Eddleston
5	St. Joseph's - Windsor	A	48.56
	1) Angelo Di Donato 2) Kingboy Douglas	3) Tyler Male	4) Josue Guillen-Santos
6	Grand River - Kitchener	A	48.75
	1) Ben Daub 2) Kyle Rath	3) Kodie Oude Vashaar	4) Haitham Husic
7	Lord Dorchester - Dorchester	A	49.33
Section 2 of 2 Timed Finals			
1	Resurrection - Kitchener	A	48.11
	1) Kevin Santolini 2) Robel Berhane	3) Juan Nino	4) Nick Bissonette
2	Preston - Cambridge	A	47.87
	1) Jacob Fortin 2) Jacob Metcalfe	3) Braedon Baker	4) Alex Salytchev
3	Vincent Massey - Windsor	A	47.53
	1) Nyro Hang 2) Shehram Khan	3) Calvin Mercier	4) Ahmed Hassan
4	St Thomas of Villanova-Lasalle	A	46.12
	1) Connor Rosaasen 2) Matt Pebenitio	3) Kevin Neuts	4) Joel LeBlanc
5	St. Thomas Aquinas - London	A	46.68
	1) Luke Medeiros 2) Antonio Bosnjak	3) Sam Peifer-Dawson	4) Brock VanBerlo
6	Catholic Central - London	A	47.87
	1) Ethan Cucorullo 2) Pearson Brown	3) Fernando De La Rosa	4) Sebastian Vanin
7	St. Anne - Windsor	A	48.09
	1) Ben Clarke 2) Conor McDermott	3) Stephen Sarweh	4) Braeden Braccio
8	St. Clair - Sarnia	A	48.18
	1) Andrew Newman 2) Shane Salisbury	3) Aaron Kameka	4) Gee Maness

WT
Windsor Timing



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 33 Women 100 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 3:20 PM****West Region: 11.89 1995 Margaret FOX / Guelph-Bishop Mac.**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	D'Onna Gayle	St. Mary's - Kitchener	13.07
2	Renee Fox	E.J. Lajeunesse	13.35
3	Isabella Habuda	Belle River - Belle River	12.64
4	Courtney Rose	Parkside - St. Thomas	13.76
5	Kenzie Jackson	Central Elgin - St. Thomas	13.50
6	Shelby Branton	St Thomas of Villanova-Lasalle	13.31
7	Adriana Beukeboom	Catholic Central - London	13.51
8	Lexi Gillooly	Catholic Central - London	13.10
Heat 2 of 2 Prelims			
1	Cassie Chretien	ES L'Essor - Tecumseh	13.11
2	Jade Griffiths	Maranatha Christian - Windsor	12.82
3	McKayla Eves	Lambton Central - Petrolia	12.70
4	Olivia Lane	Bishop MacDonnell - Guelph	13.56
5	Anne Gauthier	Waterloo - Waterloo	13.51
6	Mariah Wilson	Huron Park - Woodstock	13.43
7	Kassidy Matthews	Simcoe - Simcoe	13.27
8	Agata Kulczynska	St. Mary's - Kitchener	13.43

Event 34 Men 100 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 3:20 PM****West Region: 10.60 2002 Rhoan STERLING/Galt**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Armel Kayeye	Our Lady of Lourdes - Guelph	12.01
2	Kieran Lobb	St. Anne's - Clinton	12.46
3	Mitchell Smiley	Northern - Sarnia	11.14
4	Nicolas Tugui	Hon. W.C. Kennedy - Windsor	11.85
5	Noel Amaya	Our Lady of Lourdes - Guelph	11.77
6	Jackson McIntosh	Resurrection - Kitchener	11.79
7	Alex Peters	F. E. Madill - Wingham	11.70
8	Kevin Willemse	St. Christopher - Sarnia	11.60



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Heat 2 of 2 Prelims...(Event 34 Men 100 Meter Junior)

1	David Mohan	Cameron Heights - Kitchener	11.79
2	Dylan Wymenga	Chatham Christian - Chatham	11.72
3	Lucas DeNard	Catholic Central - London	11.74
4	Khaliel James	Catholic Central - Windsor	11.55
5	Myles Deslandes	Galt - Cambridge	11.84
6	Blake Freeman	St. Joseph's - St. Thomas	12.46
7	Skye Wolfe	Essex - Essex	11.19
8	Victor Puvanendran	A.B. Lucas - London	12.25

Event 35 Women 200 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 02/06/2012 - 10:00 AM****West Region: 24.13 1995 Margaret FOX / Guelph-Bishop Mac.**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	Adriana Beukeboom	Catholic Central - London	27.24
2	Danielle Casavecchia	Catholic Central - London	27.18
3	Elizabeth Barbon	Mother Teresa - London	26.88
4	Shayla Chauvin	Belle River - Belle River	28.50
5	Kassidy Matthews	Simcoe - Simcoe	26.72
6	Isabella Habuda	Belle River - Belle River	25.96
7	Emma Sparnaay	Belle River - Belle River	27.29
8	Mariah Wilson	Huron Park - Woodstock	27.52

Heat 2 of 2 Prelims

1	Lexi Gillooly	Catholic Central - London	27.08
2	Ashley Hosker	Bishop MacDonnell - Guelph	27.65
3	Jenna Rops	Lambton Central - Petrolia	27.87
4	Agata Kulczynska	St. Mary's - Kitchener	27.28
5	Jada Akins	Sandwich - Windsor	26.35
6	Roslyn Mainland	Waterloo-Oxford - Baden	27.17
7	Katie Sieling	Sir John A Macdonald SS	26.16
8	Renee Fox	E.J. Lajeunesse	27.28



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 36 Men 200 Meter Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Saturday 02/06/2012 - 10:00 AM

West Region: 21.67 1993

Chris ROBINSON / Cambridge-Hespeler

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Chris Langford	Huron Park - Woodstock	24.18
2	Daniel McArthur	St. Benedict - Cambridge	24.97
3	Devon Woods	W. F. Herman - Windsor	23.75
4	Mitchell Smiley	Northern - Sarnia	22.91
5	Danny Garratt	Northern - Sarnia	24.09
6	Andrew Elia	Regina Mundi College - London	24.45
7	Patrick Carnahan	Centennial - Guelph	25.35
8	Lucas DeNard	Catholic Central - London	23.70

Heat 2 of 2 Prelims

1	Nicolas Tugui	Hon. W.C. Kennedy - Windsor	24.02
2	Dylan Burns	Catholic Central - London	24.21
3	Alex Peters	F. E. Madill - Wingham	23.13
4	David Mohan	Cameron Heights - Kitchener	24.19
5	Skye Wolfe	Essex - Essex	23.10
6	Aldon Doyle	St. Mary's - Kitchener	25.06
7	Noah Renaud	St Thomas of Villanova-Lasalle	23.87
8	Armel Kayeye	Our Lady of Lourdes - Guelph	25.13

Event 37 Women 400 Meter Junior

Friday 01/06/2012 - 4:00 PM

West Region: 54.56 1994

Nadia SCHMEIDT / London-John Paul II

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Danielle Austin	North Middlesex - Parkhill	1:05.15
2	Kaitlyn Austin	North Middlesex - Parkhill	1:04.57
3	Stephanie Scane	Hon. W.C. Kennedy - Windsor	1:01.25
4	Katie Sieling	Sir John A Macdonald SS	1:01.13
5	Jada Akins	Sandwich - Windsor	1:01.15
6	Ivy Coulis	St. David - Waterloo	1:01.59
7	Kierstynn Pettit	St. Christopher - Sarnia	1:04.97
Section 2 of 2 Timed Finals			
1	Ashley Hosker	Bishop MacDonnell - Guelph	1:00.84
2	Danielle Grasman	London Christian - London	1:00.55
3	Elizabeth Barbon	Mother Teresa - London	59.61
4	Paiton Del Monte	Vincent Massey - Windsor	58.95
5	Brittany Gill	St. Anne - Windsor	59.38
6	Danielle Casavecchia	Catholic Central - London	1:00.14
7	Kassidy Matthews	Simcoe - Simcoe	1:00.66
8	Roslyn Mainland	Waterloo-Oxford - Baden	1:00.99



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 38 Men 400 Meter Junior

Friday 01/06/2012 - 4:00 PM

West Region: 47.94 1997

Liam CARD / Port Elgin-Saugeen

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Chance Newell	St. David - Waterloo	55.49
2	Mackenzie Ferguson	Sir Frederick Banting - London	55.18
3	Devon Woods	W. F. Herman - Windsor	54.68
4	Jonathan Koomans	Chatham Christian - Chatham	54.37
5	Sheldon Budhram	Bluevale - Waterloo	54.49
6	Conor O'Brien	St. Thomas Aquinas - London	54.92
7	Dylan Caron	St. Clair - Sarnia	55.48
8	Ted Vanhie	South Huron - Exeter	55.56
Section 2 of 2 Timed Finals			
1	Danny Garratt	Northern - Sarnia	54.14
2	Tyler Edginton	Central Huron - Clinton	53.48
3	Brody Simpson	Delhi - Delhi	53.12
4	Carter Day	Sandwich - Windsor	51.01
5	Lyjah Dunn	Riverside - Windsor	51.25
6	Aaron Lebold	Elmira - Elmira	53.15
7	Ben Etienne	Grand River - Kitchener	54.11
8	Chris Langford	Huron Park - Woodstock	54.24

Event 39 Women 800 Meter Run Junior

Saturday 02/06/2012 - 1:45 PM

West Region: 2:08.52 02/06/2007 Jessica Parry, C. C. London

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Olivia Scagnetto	St. Mary's - Kitchener	2:27.12
7-1B	Andrea Cimino	Catholic Central - London	2:29.01
11-1C	Colleen Scott	Our Lady of Lourdes - Guelph	2:31.47
15-1D	Kaitlyn Austin	North Middlesex - Parkhill	2:36.65
1-2A	Paiton Del Monte	Vincent Massey - Windsor	2:23.26
5-2B	Samara Collin	Assumption College - Brantford	2:28.50
9-2C	Michaela Therrien	Belle River - Belle River	2:30.18
13-2D	Julia Benati	Lord Dorchester - Dorchester	2:35.05
2-3A	Brittany Gill	St. Anne - Windsor	2:24.68
6-3B	Taylor Jarvis	Guelph - Guelph	2:28.99
10-3C	Jessica Gaudette	St. Anne - Windsor	2:31.35
14-3D	Danielle Austin	North Middlesex - Parkhill	2:36.38
4-4A	Lauren Holman	St. Christopher - Sarnia	2:27.57
8-4B	Brianna Bird	F. E. Madill - Wingham	2:29.09
12-4C	Sara Reimer	Valley Heights - Langton	2:33.07
16-4D	Sarah Duic	St. Anne - Windsor	2:36.81



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 40 Men 800 Meter Run Junior

Saturday 02/06/2012 - 1:45 PM

West Region: 1:50.90 2000

Nathan BRANNEN / Preston HS

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Nick Bedi	Waterloo - Waterloo	2:00.53
7-1B	Sheldon Budhram	Bluevale - Waterloo	2:04.17
11-1C	Matt Cimino	Centennial - Guelph	2:09.43
15-1D	Brandon Dumeah	F.J. Brennan - Windsor	2:10.43
1-2A	Lyjah Dunn	Riverside - Windsor	1:58.88
5-2B	Riley Alvarez	St. David - Waterloo	2:02.45
9-2C	Cameron Howes	London Central - London	2:10.11
13-2D	Nick Giswein	Hon. W.C. Kennedy - Windsor	2:09.97
2-3A	Carter Day	Sandwich - Windsor	1:59.57
6-3B	Hendrick Vermeulen	St. Christopher - Sarnia	2:02.68
10-3C	Jed Walker	Central Elgin - St. Thomas	2:08.70
14-3D	Kwesi Asantey	London Central - London	2:09.99
4-4A	Aaron Lebold	Elmira - Elmira	2:01.66
8-4B	Eminet Bogale	London Central - London	2:08.50
12-4C	Avin Chanderdat	John Paul II - London	2:09.87
16-4D	Quaid Roberts	Sandwich - Windsor	2:11.70

Event 41 Women 1500 Meter Run Junior

Friday 01/06/2012 - 6:20 PM

West Region: 4:28.35 01/06/2007 Jessica Parry, C. C. London

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Maleah Marquis	A.B. Lucas - London	5:14.85
2	Amber Sealey	Centre Wellington - Fergus	5:13.97
3	Olivia Scagnetto	St. Mary's - Kitchener	5:20.21
4	Alyssa Bolliger	Our Lady of Lourdes - Guelph	5:10.71
5	Ciara Multari	Sandwich - Windsor	5:11.05
6	Jamie-Lea Sharpe	Medway - Arva	5:22.73
7	Allison Deery	St. Christopher - Sarnia	5:05.43
8	Brianna Bird	F. E. Madill - Wingham	5:20.63
9	Olivia Little	Vincent Massey - Windsor	4:53.39
10	Andrea Cimino	Catholic Central - London	5:12.07
11	Rachel Martin	North Middlesex - Parkhill	5:21.81
12	Sarah Wismer	Centennial - Guelph	5:04.04
13	Samara Collin	Assumption College - Brantford	5:19.43
14	Shae Colman	Northern - Sarnia	5:22.56
15	Lauren Holman	St. Christopher - Sarnia	5:11.01
16	Morgan Jones	Sandwich - Windsor	5:16.58



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 42 Men 1500 Meter Run Junior

Friday 01/06/2012 - 6:20 PM

West Region: 3:49.3h 1994

Jay CANTIN / Sarnia-St. Clair

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Matt Sheeler	Holy Cross - Strathroy	4:26.11
2	Rawle Groothuizen	Our Lady of Lourdes - Guelph	4:26.22
3	Craig Klomp	St. Michael - Stratford	4:19.20
4	Mark Schmidt	Stratford NW - Stratford	4:19.30
5	Skylar Edwards	Vincent Massey - Windsor	4:22.69
6	Jacob Wagner	Riverside - Windsor	4:24.46
7	Reid Palmer	Sir Frederick Banting - London	4:22.28
8	Hendrick Vermeulen	St. Christopher - Sarnia	4:20.49
9	Brandon Thomas	Paris - Paris	4:18.63
10	Scott Neilson	Riverside - Windsor	4:12.42
11	Chris Marentette	St. Thomas Aquinas - London	4:26.27
12	Matthew Napier	Erin - Erin	4:26.73
13	Nick Bedi	Waterloo - Waterloo	4:14.86
14	Mitch Wilson	Lambton Central - Petrolia	4:31.19
15	Riley Alvarez	St. David - Waterloo	4:18.64
16	Connor Black	North Lambton - Forest	4:13.96

Event 43 Women 3000 Meter Run Junior

Saturday 02/06/2012 - 1:15 PM

West Region: 9:50.02 2001

Amy KOHLMIEER / Sarnia-St. Patrick's

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Amy Santagato	Orangeville - Orangeville	11:42.44
2	Jamie-Lea Sharpe	Medway - Arva	12:29.71
3	Emily Williams	North Lambton - Forest	11:35.43
4	Natalie Rohfritsch	Stratford Central - Stratford	12:13.03
5	Morgan Jones	Sandwich - Windsor	11:38.48
6	Olivia Little	Vincent Massey - Windsor	10:45.23
7	Ciara Multari	Sandwich - Windsor	11:37.99
8	Rachel Martin	North Middlesex - Parkhill	11:35.90
9	Sarah Wismer	Centennial - Guelph	11:22.34
10	Alyssa Bolliger	Our Lady of Lourdes - Guelph	11:45.67
11	Maleah Marquis	A.B. Lucas - London	11:39.25
12	Amber Sealey	Centre Wellington - Fergus	11:45.49
13	Allison Deery	St. Christopher - Sarnia	11:35.39
14	Julia Hildebrand	Elmira - Elmira	11:58.43
15	Sydney Hawkins	Riverside - Windsor	11:41.79
16	Samantha Brochu	Regina Mundi College - London	12:37.59



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 44 Men 3000 Meter Run Junior
Saturday 02/06/2012 - 1:15 PM

West Region: 8:35.46 2001

Adam HORTIAN / Bluevale

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Connor Black	North Lambton - Forest	9:26.13
2	Chris Marentette	St.Thomas Aquinas - London	10:08.54
3	Mark Schmidt	Stratford NW - Stratford	9:30.58
4	Joe Sheridan	Cameron Heights - Kitchener	9:53.54
5	Jacob Wagner	Riverside - Windsor	9:33.45
6	Matthew Napier	Erin - Erin	9:53.31
7	Jordan Sullivan	Orangeville - Orangeville	9:58.38
8	Skylar Edwards	Vincent Massey - Windsor	9:41.66
9	Rawle Groothuizen	Our Lady of Lourdes - Guelph	9:47.50
10	Grant Desjardins	St. Anne - Windsor	9:50.96
11	Matt Sheeler	Holy Cross - Strathroy	9:49.87
12	Reid Palmer	Sir Frederick Banting - London	9:32.92
13	Jack Sheffar	London Central - London	9:59.83
14	Brandon Thomas	Paris - Paris	9:27.96
15	Ian Manser	Vincent Massey - Windsor	9:44.25
16	Mitch Salter	Essex - Essex	9:46.51

Event 45 Women 80 Meter Hurdles Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 01/06/2012 - 2:30 PM

West Region: 11.01 1998

Jessica ZELINKA / London-Banting

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Christie Moir	Medway - Arva	14.05
2	Andrea Limburg	St.Thomas Aquinas - London	13.68
3	Ivy Coulis	St. David - Waterloo	12.71
4	Sidney Weiss	Northern - Sarnia	13.28
5	Holly Cavanagh	Holy Cross - Strathroy	13.27
6	Sara Cecile	Lambton Central - Petrolia	13.93
7	Amber Shaw	General Amherst - Amherstburg	13.63
8	Micaela McLean	Huron Heights - Kitchener	12.20
Heat 2 of 2 Prelims			
1	Emma Kowal	Sir Frederick Banting - London	13.61
2	Shelby Branton	St Thomas of Villanova-Lasalle	14.19
3	Mallory Straatman	Lambton Central - Petrolia	12.82
4	Andrea Bokkers	St. Anne's - Clinton	13.85
5	Neely Ducre	Sandwich - Windsor	12.78
6	Ali Logan	North Park - Brantford	13.90
7	Katie Whyte	John F. Ross - Guelph	13.61
8	Alex Morrow	Saugeen District	12.04



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 46 Men 100 Meter Hurdles Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 01/06/2012 - 2:30 PM

West Region: 13.42 27/05/2011 Jordan Sherwood, Cameron Heights

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Christian Fryer-Davis	Cameron Heights - Kitchener	15.60
2	Spencer Roe	Ursuline College - Chatham	14.80
3	Abe Fischer	Walkerton - Walkerton	15.29
4	Darren Holden	Huron Park - Woodstock	17.15
5	Brett Storr	St. Clair - Sarnia	14.71
6	Sinjon Crombleholme	St.Thomas Aquinas - London	15.68
7	Connor Finnigan	Resurrection - Kitchener	15.24
8	Jake Harrison	Central Huron - Clinton	16.54
Heat 2 of 2 Prelims			
1	Elijah Callender	Forest Heights - Kitchener	15.92
2	Kyle Morris	Sir Frederick Banting - London	15.98
3	Nathan Hesman	Sandwich - Windsor	14.29
4	Jason Keating	St. James - Guelph	15.58
5	Sam Gordon	North Lambton - Forest	15.10
6	Joel Lines	North Middlesex - Parkhill	17.39
7	Kyle Lawrence	General Amherst - Amherstburg	15.10
8	Zach Taylor	St. Christopher - Sarnia	15.32

Event 47 Women 300 Meter Hurdles Junior

Saturday 02/06/2012 - 11:30 AM

West Region: 41.78 1994 Nadia SCHMEIDT / London-John Paul II

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Amanda Craven	Ursuline College - Chatham	51.70
2	Shelby Branton	St Thomas of Villanova-Lasalle	50.74
3	Allessandra Ceccacci	St Thomas of Villanova-Lasalle	50.72
4	Rachel Slegers	Strathroy - Strathroy	50.13
5	Rachelle Leduc	Vincent Massey - Windsor	50.58
6	Stacey Hannan	Erin - Erin	50.72
7	Teal Nolte	Sir Frederick Banting - London	51.56
8	Holly Howson	F. E. Madill - Wingham	51.71



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Section 2 of 2 Timed Finals...(Event 47 Women 300 Meter Hurdles Junior)

1	Danielle Grasman	London Christian - London	49.34
2	Micaela McLean	Huron Heights - Kitchener	47.11
3	Ivy Coulis	St. David - Waterloo	46.27
4	Alex Morrow	Saugeen District	45.74
5	McKayla Eves	Lambton Central - Petrolia	46.06
6	Stephanie Shaw	Centre Wellington - Fergus	46.55
7	Stephanie Scane	Hon. W.C. Kennedy - Windsor	48.39
8	Christie Moir	Medway - Arva	49.61

Event 48 Men 300 Meter Hurdles Junior

Saturday 02/06/2012 - 11:30 AM

West Region: 38.11 1996

Jeff ELLIS/Orangeville

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Carson deRuiter	St. Anne's - Clinton	45.80
2	Andrew Mozuraitis	Our Lady of Lourdes - Guelph	44.57
3	Christian Fryer-Davis	Cameron Heights - Kitchener	43.85
4	Sam Gordon	North Lambton - Forest	43.49
5	Mackenzie Ferguson	Sir Frederick Banting - London	43.58
6	Abe Fischer	Walkerton - Walkerton	44.24
7	Kyle Morris	Sir Frederick Banting - London	44.61
8	Craig Colpaert	Holy Cross - Strathroy	46.43

Section 2 of 2 Timed Finals

1	Matt Cowell	Belle River - Belle River	43.22
2	Brett Storr	St. Clair - Sarnia	42.66
3	Noah Mole	St Thomas of Villanova-Lasalle	42.21
4	Carter Day	Sandwich - Windsor	39.71
5	Nathan Hesman	Sandwich - Windsor	40.70
6	Connor Finnigan	Resurrection - Kitchener	42.59
7	Ben Etienne	Grand River - Kitchener	42.78
8	Dustin Owen	Parkside - St. Thomas	43.51

WT
Windsor Timing



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 49 Women High Jump Junior

Saturday 02/06/2012 - 11:30 AM

West Region: 1.77m 1985

Catherine BOND / Woodstock CI

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Danielle Grasman	London Christian - London	1.35m
2	Abbey Williamson	Parkside - St. Thomas	1.54m
3	Brittany Thibault	Sandwich - Windsor	1.43m
4	Neely Ducre	Sandwich - Windsor	1.55m
5	Allison VanSligtenhorst	St. Mary's - Owen Sound	1.45m
6	Leslie Campbell	Simcoe - Simcoe	1.52m
7	Cayla Jolley	West Hill - Owen Sound	1.50m
8	Katie Fraser	Holy Cross - Strathroy	1.40m
9	Kristina VanDamme	Lambton Central - Petrolia	1.49m
10	Morgan Miller	Belle River - Belle River	1.35m
11	Cierra Healey	St. John's College	1.45m
12	Amy Bultje	Chatham Christian - Chatham	1.52m
13	Maddi Green	Chatham-Kent - Chatham	1.40m
14	Erin Katerberg	Listowel - Listowel	1.65m
15	Jillian Kapteyn	London Christian - London	1.40m
16	Sydney Clarysse	Holy Trinity - Simcoe	1.52m

Event 50 Men High Jump Junior

Saturday 02/06/2012 - 1:30 PM

West Region: 2.01m 1984

Andrew MCLEAN / Arva-Medway

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Jonathan Koomans	Chatham Christian - Chatham	1.75m
2	Kevin Willemse	St. Christopher - Sarnia	1.81m
3	Marcus Gregory	Forest Heights - Kitchener	1.80m
4	Liam Newell	St. David - Waterloo	1.70m
5	Jeremy Beynen	Woodstock - Woodstock	1.75m
6	Alex Peters	F. E. Madill - Wingham	1.70m
7	Tristin Kozub	Huron Heights - Kitchener	1.65m
8	Simon Dobransky	London Central - London	1.80m
9	Cameron Phelan	John F. Ross - Guelph	1.70m
10	Marvin Okoko	Holy Names - Windsor	1.70m
11	Matt Swarath	Lambton Central - Petrolia	1.78m
12	Mac Crawford	South Huron - Exeter	1.75m
13	Sam Gordon	North Lambton - Forest	1.70m
14	Derek Toews	United Mennonite Educational	1.70m
15	Abe Fischer	Walkerton - Walkerton	1.73m
16	Stephen Taylor	Oakridge - London	1.75m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 51 Women Pole Vault Junior

Friday 01/06/2012 - 4:00 PM

West Region: 3.70m 28/05/2010 Alysha Newman, Mother Teresa

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Lisa Rutherford	Sir John A Macdonald SS	2.20m
2	Bella Efremenko	Cameron Heights - Kitchener	1.95m
3	Brianne Mediratta	St. Anne - Windsor	2.00m
4	Denise Mirza	St. Anne - Windsor	2.00m
5	Jordynn Diebold	St.Thomas Aquinas - London	2.15m
6	Kaitlyn Pretli	Sandwich - Windsor	2.60m
7	Andrea Limburg	St.Thomas Aquinas - London	2.15m
8	Lydia Heuving	Lord Dorchester - Dorchester	2.15m
9	Aerin Venema	Sir John A Macdonald SS	2.20m
10	Shannon Ferguson	Sandwich - Windsor	2.00m
11	Robyn Frosst	Oakridge - London	2.15m
12	Anna Larsson	Sir John A Macdonald SS	3.00m
13	Britni Stephens	Essex - Essex	2.30m
14	Trudy Driedger	Delhi - Delhi	1.80m
15	Megan Stephens	Kingsville - Kingsville	2.00m
16	Ashley Stoyanovich	St.Thomas Aquinas - London	2.50m

Event 52 Men Pole Vault Junior

Friday 01/06/2012 - 6:00 PM

West Region: 4.40m 1991 Mike NOLAN / Lord Dorchester

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Brad Buckley	Huron Park - Woodstock	2.75m
2	Richard Lupas	St. Anne - Windsor	2.95m
3	Ben Congram	Stratford NW - Stratford	2.75m
4	Michael Holden	Grand River - Kitchener	3.10m
5	Luke Demers	Sandwich - Windsor	2.50m
6	Josh Bickell	Stratford NW - Stratford	2.00m
7	Jandre Smit	Kingsville - Kingsville	3.40m
8	John Bice	Stratford NW - Stratford	2.90m
9	Cal Redmond	Grand River - Kitchener	2.65m
10	Devan Primeau	W. F. Herman - Windsor	3.40m
11	Adam Lomazzo	Sandwich - Windsor	2.80m
12	Erik Pelland	Sandwich - Windsor	2.65m
13	Aaron Pigeon	Resurrection - Kitchener	2.65m
14	Alex Colenutt	Cameron Heights - Kitchener	2.90m
15	Paul Henning	Resurrection - Kitchener	3.10m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 53 Women Long Jump Junior

Friday 01/06/2012 - 5:30 PM

West Region: 5.76m 1981

Tina LETOURNEAU / Windsor-Brennan

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Micaela McLean	Huron Heights - Kitchener	4.96m
2	Carly Steer	Holy Names - Windsor	4.70m
3	Lauren Saly	Oakridge - London	4.63m
4	Courtney Brugger	Jacob Hespeler - Cambridge	5.04m
5	Fatou Bangoura	Mother Teresa - London	4.66m
6	Alex Morrow	Saugeen District	5.32m
7	D'Onna Gayle	St. Mary's - Kitchener	4.82m
8	McKayla Eves	Lambton Central - Petrolia	4.84m
9	Angela Mercurio	St. Mary's - Kitchener	5.30m
10	Sara Cecile	Lambton Central - Petrolia	4.54m
11	Kaitlin Davie	Leamington - Leamington	4.54m
12	Kara Salomons	London Christian - London	4.68m
13	Ashley Stoyanovich	St. Thomas Aquinas - London	4.57m
14	Natalie Couvillon	Holy Names - Windsor	4.68m
15	Natalie Coughlin	Sandwich - Windsor	4.68m
16	Hannah Devries	Parkside - St. Thomas	4.62m

Event 54 Men Long Jump Junior

Saturday 02/06/2012 - 10:00 AM

West Region: 7.18m 1999

Paul WHITTY / London-Saunders

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Madalitso McHaina	Southwood - Cambridge	6.39m
2	Cody Carde	Stratford NW - Stratford	5.64m
3	Alexander Kuttelwascher	Cameron Heights - Kitchener	5.66m
4	Irving Ding	Bluevale - Waterloo	6.09m
5	Roland Enache	Chatham-Kent - Chatham	5.98m
6	Marvin Okoko	Holy Names - Windsor	5.76m
7	Jeremy Beynen	Woodstock - Woodstock	5.75m
8	Stephen Taylor	Oakridge - London	5.83m
9	Angelo Bortilon	Holy Names - Windsor	6.30m
10	Kyle Sinden	Glendale - Tillsonburg	5.87m
11	William Luong	Centennial - Guelph	5.72m
12	Kevin Willemse	St. Christopher - Sarnia	5.82m
13	Ryan Bushfield	Stratford Central - Stratford	5.51m
14	Khaliel James	Catholic Central - Windsor	6.26m
15	Skye Wolfe	Essex - Essex	6.23m
16	Augustine Soga	St. Benedict - Cambridge	5.95m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 55 Women Triple Jump Junior

Friday 01/06/2012 - 2:00 PM

West Region: 11.94m 1995

Monique HAAN / London Christian

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Katrina Fairbairn	Northern - Sarnia	9.43m
2	Angela Mercurio	St. Mary's - Kitchener	11.91m
3	Ciara Multari	Sandwich - Windsor	9.27m
4	Shantel Plummer	Stratford Central - Stratford	9.82m
5	Lauren Saly	Oakridge - London	10.12m
6	Lisa Mihalik	Lambton Central - Petrolia	9.24m
7	Carly Steer	Holy Names - Windsor	9.88m
8	Paige Johnston	Lambton-Kent - Dresden	9.34m
9	Hannah Devries	Parkside - St. Thomas	10.31m
10	Allie Kennedy	Central Elgin - St. Thomas	9.78m
11	Jenelle Scoyne	Simcoe - Simcoe	10.22m
12	Vanessa Wharram	Kingsville - Kingsville	9.79m
13	Allison VanSligtenhorst	St. Mary's - Owen Sound	9.73m
14	Tatiana Poluch	Our Lady of Lourdes - Guelph	9.65m
15	Holly Cavanagh	Holy Cross - Strathroy	10.22m
16	Courtney Brugger	Jacob Hespeler - Cambridge	10.34m

Event 56 Men Triple Jump Junior

Friday 01/06/2012 - 3:30 PM

West Region: 15.22m 2000

Kenen SHADD / Kitchner-Grand River CI

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Preston Soucie	Hon. W.C. Kennedy - Windsor	12.24m
2	DJ Johnson	Pauline Johnson - Brantford	11.84m
3	Augustine Soga	St. Benedict - Cambridge	11.78m
4	Troy Lamoure	Glendale - Tillsonburg	11.96m
5	Tristan Almas	Brantford - Brantford	12.10m
6	Ryan Bushfield	Stratford Central - Stratford	12.53m
7	Fian Folani	Holy Names - Windsor	11.72m
8	Blake Freeman	St. Joseph's - St. Thomas	11.97m
9	Marvin Okoko	Holy Names - Windsor	12.00m
10	Ifabiyi Adaran	Huron Heights - Kitchener	12.02m
11	Ryan Foster	Stratford Central - Stratford	12.24m
12	Matt Swarath	Lambton Central - Petrolia	11.60m
13	Madalitso McHaina	Southwood - Cambridge	13.23m
14	Stephen Taylor	Oakridge - London	12.79m
15	Jonathan Koomans	Chatham Christian - Chatham	11.74m
16	Angelo Bortilon	Holy Names - Windsor	13.24m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 57 Women Shot Put Junior
Saturday 02/06/2012 - 10:00 AM

West Region: 13.30m 1981

Liz POLYAK / Brantford - North Park

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Alexandra Hanna	F.J. Brennan - Windsor	9.92m
2	Hope Long	Ridgetown District H S	8.85m
3	Molly Halpin	Saugeen District	8.23m
4	Adrianna Olszewski	Our Lady of Lourdes - Guelph	8.43m
5	Krystin Lawrence	Belle River - Belle River	9.75m
6	Quincy Sickle-Jarvis	Saunders - London	8.43m
7	Becca Morrison	Erin - Erin	8.21m
8	Caroline Hummell	St. Christopher - Sarnia	9.97m
9	Krista Klumpenhauer	Listowel - Listowel	8.47m
10	Sky Grant-Alexander	Delhi - Delhi	8.87m
11	Courtney Higenell	Central Huron - Clinton	8.72m
12	Emma Rozman	Catholic Central - London	8.55m
13	Lauren Williams	Riverside - Windsor	9.94m
14	Aida Raab	Our Lady of Lourdes - Guelph	8.13m
15	Beth Kester	South Huron - Exeter	10.60m
16	Lauren Bohn	E.J. Lajeunesse	11.19m

Event 58 Men Shot Put Junior

Friday 01/06/2012 - 5:30 PM

West Region: 17.41m 2009

Jordan YOUNG, St.Joseph St.Thomas

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Cullen Fawcett	Brantford - Brantford	13.67m
2	Jake McGill	Sir John A Macdonald SS	13.41m
3	Justin Brandon	Valley Heights - Langton	12.62m
4	Lucas Lamondin	St. Michael - Stratford	15.79m
5	Sam Ellenor	St. Christopher - Sarnia	15.00m
6	Andrew Martin	Strathroy - Strathroy	16.00m
7	Keith Carscadden	Belle River - Belle River	13.89m
8	Marco Parete	St. Clair - Sarnia	13.45m
9	Mackenzie Josie	Central Huron - Clinton	15.16m
10	Matthew Ross	Cameron Heights - Kitchener	14.28m
11	Norvell McGlaun	W. F. Herman - Windsor	13.47m
12	Liam Graham	Mother Teresa - London	14.50m
13	Justin Kunder	Stratford NW - Stratford	13.89m
14	Logan Webster	Kingsville - Kingsville	15.02m
15	Adam Lomazzo	Sandwich - Windsor	13.56m
16	Stephen Pillar	Saugeen District	13.27m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 59 Women Discus Throw Junior

Friday 01/06/2012 - 3:30 PM

West Region: 44.24m 1981

Liz POLYAK / Brantford-North Park

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Deanna Morbrook	Pauline Johnson - Brantford	22.74m
2	Riley Wilhelm	St. Christopher - Sarnia	27.68m
3	Carleigh Sanders	Oakridge - London	28.02m
4	Deborah Martin-Nino	John F. Ross - Guelph	25.87m
5	Alex Clodd	Orangeville - Orangeville	22.32m
6	Lexine VanLeerzem	Lambton Central - Petrolia	21.88m
7	Lauren Bohn	E.J. Lajeunesse	24.07m
8	Tanisha Cloud	Northern - Sarnia	22.71m
9	Becca Morrison	Erin - Erin	28.29m
10	Naomi van Stuyvenberg	F. E. Madill - Wingham	29.35m
11	Ali Underwood	F. E. Madill - Wingham	26.25m
12	Katelyn VandenEynden	Strathroy - Strathroy	27.15m
13	Melissa Bennett	Northern - Sarnia	27.52m
14	Adrianna Olszewski	Our Lady of Lourdes - Guelph	24.74m
15	Lauren Williams	Riverside - Windsor	27.85m
16	Quincy Sickle-Jarvis	Saunders - London	25.88m

Event 60 Men Discus Throw Junior

Friday 01/06/2012 - 2:00 PM

West Region: 61.26m 2009

Jordan YOUNG, St.Joseph St. Thomas

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Ethan Ferguson	Brantford - Brantford	41.22m
2	Liam Graham	Mother Teresa - London	42.48m
3	Bailey Collins	H.B. Beal - London	44.79m
4	Jack Van Damme	Bluevale - Waterloo	49.21m
5	Josh Pederson	Erin - Erin	41.28m
6	Cal Stevenson	Belle River - Belle River	38.24m
7	Danny Garratt	Northern - Sarnia	39.53m
8	Andrew Martin	Strathroy - Strathroy	48.63m
9	Logan Webster	Kingsville - Kingsville	41.15m
10	Sam Ellenor	St. Christopher - Sarnia	42.28m
11	Andrew Pickett	Resurrection - Kitchener	37.48m
12	Derek Elliott	Mitchell - Mitchell	45.62m
13	Nolan Malenfant	Essex - Essex	44.24m
14	Stephen Pillar	Saugeen District	42.23m
15	Kevin Mackey	Sir Frederick Banting - London	51.96m
16	Marco Parete	St. Clair - Sarnia	37.97m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 61 Women Javelin Throw Junior

Saturday 02/06/2012 - 1:30 PM

West Region: 48.84m 1989

Margaret GRIFFITHS / Windsor-Brennan

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Morgan Bates	Ingersoll - Ingersoll	29.70m
2	Alexandra Hanna	F.J. Brennan - Windsor	30.41m
3	Olivia Prinz	St. Patrick's - Sarnia	32.96m
4	Taylor Fawcett	St. Mary's - St. Mary's	31.62m
5	Aida Raab	Our Lady of Lourdes - Guelph	26.77m
6	Bailey Dell	Sandwich - Windsor	33.30m
7	Becca Morrison	Erin - Erin	31.22m
8	Jenna Bolton	Lambton Central - Petrolia	30.47m
9	Robyn Quinn	Kincardine - Kincardine	27.77m
10	Courtney Townsend	Valley Heights - Langton	26.38m
11	Mandy Johnstone	F.J. Brennan - Windsor	30.81m
12	Ainslea Forbes	Central Elgin - St. Thomas	28.12m
13	Courtney Higenell	Central Huron - Clinton	28.46m
14	Hannah Hanchiruk	Huron Park - Woodstock	27.98m
15	Mariah Kloosterhoff	Saugeen District	30.59m
16	Laura Drope	Northern - Sarnia	32.25m

Event 62 Men Javelin Throw Junior

Saturday 02/06/2012 - 11:30 AM

West Region: 61.10m 2009

Tyler WITHERS, Northern

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Ben Smith	Medway - Arva	43.42m
2	Anthony Vader	F. E. Madill - Wingham	41.81m
3	Rik Van Espen	Sandwich - Windsor	51.14m
4	Noah VanVeen	Kincardine - Kincardine	39.75m
5	Hayden McLean	St. Christopher - Sarnia	48.44m
6	Spencer Swan	Montcalm - London	41.90m
7	Alex Keys	F.J. Brennan - Windsor	50.52m
8	Josh Caley	Saugeen District	43.85m
9	Bailey Collins	H.B. Beal - London	43.81m
10	Jason Keating	St. James - Guelph	46.82m
11	Spencer Trinier	W. F. Herman - Windsor	53.11m
12	Matt Withers	Northern - Sarnia	53.83m
13	Colton McLeod	Holy Trinity - Simcoe	43.16m
14	Matt Teschke	Saugeen District	45.29m
15	Garrett James	Stratford NW - Stratford	46.02m
16	James Pavey	St. Patrick's - Sarnia	50.13m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 63 Women 4x100 Meter Relay Junior

Friday 01/06/2012 - 7:15 PM

West Region: 49.80 2006

LONDON - BANTING

K. Law,M.Harris,B.Rausch,S.Malek

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Centennial - Guelph	A	54.40
	1) Melissa Huang	2) Elizabeth Pharoah	3) Monica Sanago
	4) Emily Birkett		
2	St. Anne - Windsor	A	53.65
	1) Natalie Omahen	2) Marissa Mcnaughton	3) Kristy Ireland
	4) Chloe Kancko		
3	Resurrection - Kitchener	A	53.37
	1) Danielle Buttinger	2) Semara Desmeules	3) Hannah Askin
	4) Blanaid McNally		
4	Centre Wellington - Fergus	A	53.14
	1) Tina Richards	2) Myla Manser	3) Amber Sealey
	4) Stephanie Shaw		
5	Parkside - St. Thomas	A	53.32
6	St.Thomas Aquinas - London	A	53.44
	1) Jordynn Diebold	2) Andrea Limburg	3) Mackenzie Pearce
	4) Laura Travaglini		
7	F. E. Madill - Wingham	A	53.72
8	Waterloo - Waterloo	A	54.57
	1) Sabina Burazerovic	2) Emily McKay	3) Zahra Sepahi
	4) Anne Gauthier		
Section 2 of 2 Timed Finals			
1	Mother Teresa - London	A	52.50
	1) Bridget McIlmoyl	2) Alyssa Valente	3) Leah Devos
	4) Elizabeth Barbon		
2	Sandwich - Windsor	A	52.08
	1) Mikayla Jerald	2) Adian Okutinyang	3) Natalie Coughlin
	4) Jada Akins		
3	St. Mary's - Kitchener	A	51.42
	1) Angela Mercurio	2) D'Onna Gayle	3) Catherine Zafera
	4) Agata Kulczynska		
4	Catholic Central - London	A	50.90
	1) Adriana Beukeboom	2) Elise DeDecker	3) Danielle Casavecchia
	4) Lexi Gillooly		
5	Essex - Essex	A	51.33
	1) Kelsie Parish	2) Madeline McCloskey	3) Hannah Pittao
	4) Tori Roovers		
6	Lambton Central - Petrolia	A	52.03
	1) McKayla Eves	2) Jenna Bolton	3) Mallory Straatman
	4) Jenna Rops		
7	Northern - Sarnia	A	52.20
	1) Katrina Fairbairn	2) Cassidy Crowe	3) Kelsey Crawford
	4) Sidney Weiss		
8	Belle River - Belle River	A	53.05
	1) Richelle Brown	2) Isabella Habuda	3) Emma Sparnaay
	4) Shayla Chauvin		



OFSAA West Regionals**Track and Field****University of Windsor Stadium - 01/06/2012 to 02/06/2012****Meet Program****Event 64 Men 4x100 Meter Relay Junior****Friday 01/06/2012 - 7:15 PM****West Region: 43.15 2002 LONDON-CATHOLIC CENTRAL**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Holy Cross - Strathroy	A	48.35
	1) Jarred Ryan 2) Craig Colpaert	3) James Das	4) Tyler Silva
2	Catholic Central - London	A	47.38
	1) Allen Torrez 2) Jordan DeSousa	3) Alex Ayala	4) Dylan Burns
3	Huron Park - Woodstock	A	47.13
4	Forest Heights - Kitchener	A	46.89
	1) Marcus Gregory 2) Elijah Callender	3) David Oniga	4) Tayaw Paljola
5	Resurrection - Kitchener	A	47.13
	1) Connor Finnigan 2) Paul Henning	3) Jackson McIntosh	4) Tyler Woods
6	Northern - Sarnia	A	47.18
	1) Mikael Morneau 2) Danny Garratt	3) Austin Khan	4) Matt Withers
7	Kingsville - Kingsville	A	47.47
	1) Travis Neufeld 2) Logan Cleary	3) Hube Kemmere	4) Eric Hedge
8	Central Huron - Clinton	A	48.48
	1) Cody Kropf 2) Tyler Edginton	3) Kalen Martene	4) Jake Harrison
Section 2 of 2 Timed Finals			
1	Vincent Massey - Windsor	A	46.75
	1) Justin Fisher 2) Robert Lauzon	3) Shawn Lloyd	4) Brian Weingust
2	Brantford - Brantford	A	46.20
	1) Tristan Almas 2) Jamaal Jones-Peters	3) Ethan Ferguson	4) Alex Chan
3	St Thomas of Villanova-Lasalle	A	46.01
	1) Colin Pretty 2) Noah Mole	3) Joaquim Lourenco	4) Noah Renaud
4	Sandwich - Windsor	A	45.74
	1) Tristian Lee-Hyman 2) Nick O'Neil	3) Nathan Hesman	4) Luke Demers
5	Cameron Heights - Kitchener	A	45.80
	1) Mitchell Van Eerd 2) Alexander Kuttelwascher	3) Christian Fryer-Davis	4) David Mohan
6	Galt - Cambridge	A	46.11
	1) Jothan Salfarlie 2) Jasper Arnoldi	3) Nathan Balesdent	4) Myles Deslandes
7	St. Christopher - Sarnia	A	46.44
	1) Zach Taylor 2) Kevin Willemse	3) Patrick Lange	4) Curtis Lindsay
8	Sir Frederick Banting - London	A	46.93

WT
Windsor Timing



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 65 Women 100 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 3:20 PM****West Region: 11.89 27/05/2011 Jellisa Westney, St. Benedict**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Marissa Kurtimah	Guelph - Guelph	12.43
2	Tina Pantic	W. F. Herman - Windsor	13.07
3	Leanne Holdaway	Northern - Sarnia	12.92
4	Amy O'Donnell	Catholic Central - London	13.44
5	Anisha MacLean	Chatham-Kent - Chatham	13.06
6	Tegan Sauer	Forest Heights - Kitchener	12.59
7	Jenny Carrique	Grand River - Kitchener	12.87
8	Dimitra Lerikos	Saunders - London	13.55
Heat 2 of 2 Prelims			
1	Sarah Cook	F. E. Madill - Wingham	13.77
2	Emily Omahen	St. Anne - Windsor	12.36
3	Alisha Sealey	Centre Wellington - Fergus	12.59
4	Monica Januszek	St. Mary's - Kitchener	13.09
5	Kayla Smith	F. E. Madill - Wingham	13.21
6	McKenzie Johnson	Sir Wilfrid Laurier - London	12.98
7	Samantha Brosseau	Catholic Central - Windsor	12.81
8	Carly Horvath	Ursuline College - Chatham	13.04

Event 66 Men 100 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 3:20 PM****West Region: 10.57 1994 Dave TOMLIN / Kitchener-St. Mary's**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Morgan Walls	North Park - Brantford	11.49
2	Rob Baylis	St Thomas of Villanova-Lasalle	11.22
3	Ryan Chevalier	Catholic Central - London	12.04
4	Anthony Ubah	Holy Names - Windsor	11.09
5	Tyler Bellaire	Essex - Essex	11.42
6	Scott Potenza	Holy Cross - Strathroy	11.77
7	Drelan Bramwell	Northern - Sarnia	10.75
8	Mitchell Nelson	Sandwich - Windsor	11.61



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Heat 2 of 2 Prelims...(Event 66 Men 100 Meter Senior)

1	Mitch O'Donnell	Forest Heights - Kitchener	11.60
2	Malcolm Brown	H.B. Beal - London	12.02
3	Ricardo Rabanes	St Thomas of Villanova-Lasalle	11.41
4	Nick Parisotto	Our Lady of Lourdes - Guelph	11.51
5	Emeka Agada	Elmira - Elmira	10.98
6	Devon Rittinger	Forest Heights - Kitchener	10.87
7	Conner Hodgins-Depont	St. Joseph's - St. Thomas	11.80
8	Saeb Omer	Westminster - London	11.32

Event 67 Women 200 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 02/06/2012 - 10:00 AM****West Region: 24.70 1999 Jessica ZELINKA/Banting**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Carolyn Adams	A.B. Lucas - London	26.16
2	Helena Reinfels	Centennial - Guelph	26.06
3	Nicole Settingington	Oakridge - London	26.47
4	Alison Fraser	John F. Ross - Guelph	25.71
5	Emily Omahen	St. Anne - Windsor	24.82
6	McKenzie Johnson	Sir Wilfrid Laurier - London	26.63
7	Marissa Kurtimah	Guelph - Guelph	25.75
8	Monica Januszek	St. Mary's - Kitchener	26.52
Heat 2 of 2 Prelims			
1	Madison Dalley	Belle River - Belle River	25.58
2	Michelle Reddy	St. Christopher - Sarnia	25.13
3	Samantha Brosseau	Catholic Central - Windsor	26.54
4	Courtney Fleming	Sandwich - Windsor	26.55
5	Alisha Sealey	Centre Wellington - Fergus	26.38
6	Sierra Wolfe	Essex - Essex	26.19
7	Taylor Farquhar	London Central - London	26.00
8	Christine MacNeill	London Central - London	25.76



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 68 Men 200 Meter Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Saturday 02/06/2012 - 10:00 AM

West Region: 21.30 1995

Dave TOMLIN / Kitchener-St. Mary's

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Robert Herzog	Holy Names - Windsor	23.18
2	Chase Konecny	West Elgin - West Lorne	22.99
3	Luke Dailleboust	F. E. Madill - Wingham	23.51
4	Mike Giorgi	Lambton Central - Petrolia	22.73
5	Curtis D'Hollander	Catholic Central - London	23.46
6	Devon Rittinger	Forest Heights - Kitchener	21.95
7	Emeka Agada	Elmira - Elmira	22.60
8	Jermaine Stephenson	St. James - Guelph	22.50
Heat 2 of 2 Prelims			
1	Joel Webster	Southwood - Cambridge	23.21
2	Rob Baylis	St Thomas of Villanova-Lasalle	22.58
3	Drelan Bramwell	Northern - Sarnia	21.76
4	Anthony Ubah	Holy Names - Windsor	22.87
5	Jamie Geisler	St. Joseph's - St. Thomas	23.34
6	Morgan Walls	North Park - Brantford	22.81
7	Mitchell Nelson	Sandwich - Windsor	23.59
8	Nick Vanin	Catholic Central - London	22.54

Event 69 Women 400 Meter Senior

Friday 01/06/2012 - 4:00 PM

West Region: 55.02 1985

Nadia SCHMEIDT / London-J.Paul II

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Samantha Ireland	Bluevale - Waterloo	1:03.43
2	Ashley Snyder	Holy Trinity - Simcoe	1:01.84
3	Breanne Nicholas	Blenheim - Blenheim	1:01.72
4	Katie Parry	St.Thomas Aquinas - London	1:00.72
5	Courtney Fleming	Sandwich - Windsor	1:00.83
6	Morgan Hendriks	Lord Dorchester - Dorchester	1:01.81
7	Kelsey King	Central Huron - Clinton	1:02.08
8	Chelsea Gilles	West Hill - Owen Sound	1:03.61



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Section 2 of 2 Timed Finals...(Event 69 Women 400 Meter Senior)

1	Sierra Wolfe	Essex - Essex	1:00.27
2	Alejandra Gonzales	Regina Mundi College - London	59.94
3	Michelle Reddy	St. Christopher - Sarnia	58.39
4	Alison Fraser	John F. Ross - Guelph	56.72
5	Taylor Farquhar	London Central - London	57.39
6	Madison Dalley	Belle River - Belle River	59.61
7	Alex McLean	W. F. Herman - Windsor	1:00.13
8	Alisha Sealey	Centre Wellington - Fergus	1:00.35

Event 70 Men 400 Meter Senior

Friday 01/06/2012 - 4:00 PM

West Region: 47.59 1999

Liam CARD / Port Elgin-Saugeen

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Curtis D'Hollander	Catholic Central - London	51.96
2	Ryan Chevalier	Catholic Central - London	51.73
3	Tommy Land	Holy Trinity - Simcoe	51.07
4	Broderick Webster	Northern - Sarnia	50.79
5	Dylan Papak	W. F. Herman - Windsor	50.93
6	Sam Martinello	St. Mary's - Kitchener	51.39
7	Mark Emode	Hon. W.C. Kennedy - Windsor	51.93
8	Craig Maltby	East Elgin - Aylmer	52.92

Section 2 of 2 Timed Finals

1	Joel Webster	Southwood - Cambridge	50.49
2	Nick Vanin	Catholic Central - London	50.18
3	Jermaine Stephenson	St. James - Guelph	49.01
4	Brandon McBride	W. F. Herman - Windsor	47.41
5	Drelan Bramwell	Northern - Sarnia	48.23
6	Khalil Parris	Sandwich - Windsor	49.61
7	Scott Buttinger	Resurrection - Kitchener	50.35
8	Chase Konecny	West Elgin - West Lorne	50.62

WT
Windsor Timing



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 71 Women 800 Meter Run Senior

Saturday 02/06/2012 - 1:45 PM

West Region: 2:09.88 2008

Jessica PARRY, Catholic Central London

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Cozette Collin	Assumption College - Brantford	2:18.12
7-1B	Siobhan Smith	Northern - Sarnia	2:22.25
11-1C	Cheyenne Hunter	Kincardine - Kincardine	2:24.50
15-1D	Chelsea Gilles	West Hill - Owen Sound	2:28.60
1-2A	Jaimie Phelan	St. Mary's - Kitchener	2:15.20
5-2B	Michelle Reddy	St. Christopher - Sarnia	2:19.23
9-2C	Carlie Trombley	Holy Names - Windsor	2:23.66
13-2D	Ciara Wright	Northern - Sarnia	2:27.08
2-3A	Julie-Anne Staehli	F. E. Madill - Wingham	2:17.22
6-3B	Morgan Hendriks	Lord Dorchester - Dorchester	2:22.23
10-3C	Sarah Spottiswood	Montcalm - London	2:24.46
14-3D	Katie Parry	St. Thomas Aquinas - London	2:27.57
4-4A	Alexandra Moore	Vincent Massey - Windsor	2:19.21
8-4B	Jennifer Rowe	Kitchener Waterloo - Kitchener	2:23.34
12-4C	Darian Limb	Lambton Central - Petrolia	2:24.89
16-4D	Aleksandra Rakic	Saunders - London	2:32.05

Event 72 Men 800 Meter Run Senior

Saturday 02/06/2012 - 1:45 PM

West Region: 1:48.69 2001

Nathan BRANNEN / Preston

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Scott Buttinger	Resurrection - Kitchener	1:55.97
7-1B	Jake Clement	F.J. Brennan - Windsor	1:58.04
11-1C	Riley Malcolm	North Park - Brantford	1:58.98
15-1D	Liam Stiles	John F. Ross - Guelph	2:00.64
1-2A	Brandon McBride	W. F. Herman - Windsor	1:50.02
5-2B	Jordan Kadlecik	St. Anne's - Clinton	1:57.45
9-2C	Liam Wilson	Sir Frederick Banting - London	1:58.38
13-2D	Luke Rachar	London South - London	1:59.46
2-3A	Corey Bellemore	Riverside - Windsor	1:53.30
6-3B	Cory Simard	Hon. W.C. Kennedy - Windsor	1:58.02
10-3C	Chris Taylor	St. Joseph's - St. Thomas	1:58.81
14-3D	Ryan Foott	Montcalm - London	1:59.91
4-4A	Shawn Master	Northern - Sarnia	1:56.05
8-4B	Jerry Colaluca	Catholic Central - Windsor	1:58.12
12-4C	Matt Bannon	Elmira - Elmira	1:59.30
16-4D	Tommy Land	Holy Trinity - Simcoe	2:01.41



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 73 Women 1500 Meter Run Senior

Friday 01/06/2012 - 6:20 PM

West Region: 4:26.66 2008

Jessica PARRY, Catholic Cenral London

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Mariel Fluttert	Lord Dorchester - Dorchester	5:00.85
2	Cozette Collin	Assumption College - Brantford	4:51.08
3	Jaimie Phelan	St. Mary's - Kitchener	4:42.77
4	Alexandra Moore	Vincent Massey - Windsor	4:48.25
5	Madalyn Ruby	Huron Park - Woodstock	4:58.82
6	Hilary Stafford	St.Thomas Aquinas - London	5:03.13
7	Ciara Wright	Northern - Sarnia	4:59.57
8	Vanessa Linton	Guelph - Guelph	4:55.44
9	Elora Beitz	Bishop MacDonnell - Guelph	5:06.87
10	Darian Limb	Lambton Central - Petrolia	5:00.54
11	Jazmin Martin	Belle River - Belle River	4:52.77
12	Nicki Parkes	St. Christopher - Sarnia	4:51.99
13	Cheyenne Hunter	Kincardine - Kincardine	4:51.59
14	Mandie Jubenville	W. F. Herman - Windsor	5:03.06
15	Katie Matthews	Strathroy - Strathroy	5:09.28
16	Madeline Yungblut	F. E. Madill - Wingham	4:52.19

Event 74 Men 1500 Meter Run Senior

Friday 01/06/2012 - 6:20 PM

West Region: 3:45.06 1993

Kevin SULLIVAN / Brantford-North Park

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Chris Taylor	St. Joseph's - St. Thomas	4:09.62
2	Shawn Master	Northern - Sarnia	4:02.36
3	Tyler van Leeuwen	St. John's College	4:08.49
4	Alexander Rocheleau	Vincent Massey - Windsor	4:14.06
5	Luke Rachar	London South - London	4:10.87
6	Ben Flanagan	St. Mary's - Kitchener	4:03.96
7	Corey Bellemore	Riverside - Windsor	4:00.15
8	Taylor McArthur	Ursuline College - Chatham	4:07.86
9	Jerry Colaluca	Catholic Central - Windsor	4:11.10
10	Logan Chappell	Saugeen District	4:05.05
11	Sam Baxter	St. Mary's - Kitchener	4:02.86
12	Patrick Deane	Lord Dorchester - Dorchester	4:10.31
13	Liam Wilson	Sir Frederick Banting - London	4:10.38
14	Matt Bannon	Elmira - Elmira	4:08.17
15	Brandon Miner	Holy Names - Windsor	4:11.93
16	Jordan Kadlecik	St. Anne's - Clinton	4:08.13



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 75 Women 3000 Meter Run Senior

Saturday 02/06/2012 - 10:40 AM

West Region: 9:39.9h 1992

Kathy BUTLER / Waterloo CI

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Ainsley Nantes	St. Mary's - Kitchener	11:16.80
2	Ashley Bracci	Vincent Massey - Windsor	11:11.47
3	Vanessa Linton	Guelph - Guelph	10:52.30
4	Katie Matthews	Strathroy - Strathroy	10:50.77
5	Erinn Lee	Wallaceburg D S S	11:30.56
6	Breanne Lyons	Glenview Park - Cambridge	11:23.79
7	Hilary Stafford	St.Thomas Aquinas - London	10:56.45
8	Jocelyn Scannell	John F. Ross - Guelph	11:04.58
9	Nicki Parkes	St. Christopher - Sarnia	11:21.61
10	Jazmin Martin	Belle River - Belle River	10:54.06
11	Olivia Flook	Blenheim - Blenheim	11:36.47
12	Madalyn Ruby	Huron Park - Woodstock	10:46.24
13	Mariel Fluttert	Lord Dorchester - Dorchester	10:50.36
14	Jordyn Visscher	Woodland Christian - Breslau	10:58.82
15	Madeline Yungblut	F. E. Madill - Wingham	10:16.62
16	Paige Odegard	Northern - Sarnia	11:24.60

Event 76 Men 3000 Meter Run Senior

Saturday 02/06/2012 - 10:40 AM

West Region: 8:21.8h 1995

Matt KERR / Fergus - Centre Wellington

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Brandon Allen	General Amherst - Amherstburg	8:53.48
2	Ryan Sleiman	Kingsville - Kingsville	8:45.30
3	Paul Rochus	East Elgin - Aylmer	9:17.68
4	Matt Hall	St. Christopher - Sarnia	9:11.39
5	Sam Baxter	St. Mary's - Kitchener	8:58.57
6	Taylor McArthur	Ursuline College - Chatham	9:01.99
7	Alexander Rocheleau	Vincent Massey - Windsor	9:13.73
8	Peter Quosai	Centennial - Guelph	9:11.24
9	Daniel Piticariu	Vincent Massey - Windsor	9:00.29
10	Tyler van Leeuwen	St. John's College	9:10.95
11	Tristan Fleming	London Central - London	9:09.75
12	Shane Roberts	Oakridge - London	9:18.62
13	Jeremy Hick	Strathroy - Strathroy	9:02.39
14	Ben Flanagan	St. Mary's - Kitchener	8:49.38
15	Seth Marcaccio	Catholic Central - London	9:20.68
16	Logan Chappell	Saugeen District	9:09.01



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 77 Women 100 Meter Hurdles Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 2:30 PM****West Region: 13.15 2000 Jessica ZELINKA / London-Banting**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Mikeisha Bobb	Sir Wilfrid Laurier - London	14.95
2	Michaella Worrell-Rogers	St. Benedict - Cambridge	17.55
3	Rachael Durocher	St Thomas of Villanova-Lasalle	16.61
4	Chantal Caraher	Northern - Samia	14.90
5	Emily Bowerman	John F. Ross - Guelph	15.35
6	Elisa Wright	Harrow - Harrow	15.53
7	Megan Parsons	Huron Heights - Kitchener	16.18
8	Nicole Settington	Oakridge - London	13.89
Heat 2 of 2 Prelims			
1	Christine MacNeill	London Central - London	14.22
2	Jilleen VanLeerzen	Lambton Central - Petrolia	17.00
3	Rheanna Bulten	Preston - Cambridge	15.84
4	Rachel Wolfs	Holy Cross - Strathroy	15.69
5	Anique Daley	John McGregor - Chatham	15.28
6	Carolyn Adams	A.B. Lucas - London	14.79
7	Samantha Brosseau	Catholic Central - Windsor	15.26
8	Tori Givlin	Grand River - Kitchener	17.21

Event 78 Men 110 Meter Hurdles Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 01/06/2012 - 2:30 PM****West Region: 13.46 28/05/2010 Greg MacNeill, Mother Teresa**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Zach Zwinkles	Holy Cross - Strathroy	17.74
2	Jordan Sherwood	Cameron Heights - Kitchener	15.07
3	Christopher Green	Cameron Heights - Kitchener	15.51
4	Luke Dailleboust	F. E. Madill - Wingham	15.40
5	Mitch Long	Harrow - Harrow	14.86
6	Matt Gruninger	Sir Frederick Banting - London	16.46
7	Cameron Geddes	Catholic Central - London	16.39
8	Mike Giorgi	Lambton Central - Petrolia	15.12



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Heat 2 of 2 Prelims...(Event 78 Men 110 Meter Hurdles Senior)

1	Michael Paisley	Lambton Central - Petrolia	15.01
2	Aaron Stemmler	St. David - Waterloo	15.56
3	Jordan Huzevka	Northern - Sarnia	15.20
4	Shawn Beaudoin	Sandwich - Windsor	15.14
5	Shawn Wu	John F. Ross - Guelph	15.70
6	Elton Gayle	Chesley - Chesley	17.26
7	Jon Ravenhorst	Northern - Sarnia	14.86
8	Steven Buckley	Huron Park - Woodstock	17.18

Event 79 Women 400 Meter Hurdles Senior

Saturday 02/06/2012 - 11:30 AM

West Region: 58.03 1995

Nadia SCHMEIDT / London-John Paul II

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Tyisha Thompson	Cameron Heights - Kitchener	1:12.14
2	Rachel Costa	Our Lady of Lourdes - Guelph	1:10.71
3	Courtney Fleming	Sandwich - Windsor	1:09.82
4	Amber Bechard	St. Anne - Windsor	1:09.23
5	Megan Parsons	Huron Heights - Kitchener	1:09.71
6	Holly Thomas	Northern - Sarnia	1:10.21
7	Elisa Wright	Harrow - Harrow	1:11.04
8	Sara Silverthorne	Pauline Johnson - Brantford	1:14.36

Section 2 of 2 Timed Finals

1	Mikeisha Bobb	Sir Wilfrid Laurier - London	1:08.38
2	Nadine Otten	St. Anne's - Clinton	1:07.65
3	Anique Daley	John McGregor - Chatham	1:06.35
4	Taylor Farquhar	London Central - London	1:01.73
5	Alejandra Gonzales	Regina Mundi College - London	1:03.66
6	Marlowe Pecora	Northern - Sarnia	1:07.34
7	Amanda Hancock	Parkside - St. Thomas	1:08.11
8	Rheanna Bulten	Preston - Cambridge	1:08.97

Event 80 Men 400 Meter Hurdles Senior

Saturday 02/06/2012 - 11:30 AM

West Region: 52.37 1997

Jeff ELLIS / Orangeville

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Lorcan Balfe	Regina Mundi College - London	1:00.46
2	Corey Squires	Parkside - St. Thomas	59.65
3	Mark Emode	Hon. W.C. Kennedy - Windsor	59.49
4	Mitch Long	Harrow - Harrow	58.43
5	Christopher Green	Cameron Heights - Kitchener	59.20
6	Sam Martinello	St. Mary's - Kitchener	59.59
7	Wilson Kaboutangana	Sir Frederick Banting - London	1:00.31
8	Leendert Van Dorp	St. Anne's - Clinton	1:01.09



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Section 2 of 2 Timed Finals...(Event 80 Men 400 Meter Hurdles Senior)

1	Jordan Sherwood	Cameron Heights - Kitchener	57.61
2	Chase Konecny	West Elgin - West Lorne	57.55
3	Jeff Mah	John F. Ross - Guelph	56.67
4	Charlie Sutton	John F. Ross - Guelph	55.27
5	Khalil Parris	Sandwich - Windsor	56.18
6	Shawn Beaudoin	Sandwich - Windsor	56.96
7	Michael Gray	Lambton Central - Petrolia	57.56
8	Micah Hesman	Sandwich - Windsor	57.87

Event 81 Women High Jump Senior

Friday 01/06/2012 - 2:00 PM

West Region: 1.78m 1986

Catherine BOND / Woodstock CI

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Jess Authier	Sir John A Macdonald SS	1.55m
2	Brooke Rowland	Westside Secondary-Orangeville	1.66m
3	Emelia Unsworth	Lambton Central - Petrolia	1.56m
4	Sierra Spadafora	Holy Names - Windsor	1.45m
5	Kyla MacDougall	St. Joseph's - Windsor	1.53m
6	Kathryn Pierce	Strathroy - Strathroy	1.50m
7	Emily Dodman	Chatham-Kent - Chatham	1.45m
8	Emily Loebach	Sandwich - Windsor	1.50m
9	Bryar Hind	Galt - Cambridge	1.60m
10	Alexabree James-Ashkewe	St. James - Guelph	1.63m
11	Melissa Stapleton	Centre Dufferin - Shelburne	1.63m
12	Julie Ann Milling	Woodstock - Woodstock	1.55m
13	Ali Baker	Mother Teresa - London	1.60m
14	Alex Wolting	Ursuline College - Chatham	1.45m
15	Carolyn Adams	A.B. Lucas - London	1.68m
16	Alyssa Bickle	Woodstock - Woodstock	1.55m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 82 Men High Jump Senior

Friday 01/06/2012 - 3:30 PM

West Region: 2.19m 28/05/2010 Branden Wilhelm, Woodstock

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Dexter Newman	John Diefenbaker - Hanover	1.83m
2	David Nightingale	Woodland Christian - Breslau	1.89m
3	Scott Campbell	Lambton Central - Petrolia	1.96m
4	Cornelius Froese	Leamington - Leamington	1.93m
5	Erik VanDyk	Strathroy - Strathroy	1.85m
6	Colin Nancekivell	Lord Dorchester - Dorchester	1.75m
7	Khalil Parris	Sandwich - Windsor	1.80m
8	Shawn Beaudoin	Sandwich - Windsor	1.85m
9	Mark Boles	Catholic Central - London	1.90m
10	Trevor Way	Vincent Massey - Windsor	1.80m
11	Partick Kania	Holy Trinity - Simcoe	1.86m
12	Brian Gilbert	Waterford - Waterford	1.80m
13	Mark Muehmer	Medway - Arva	1.90m
14	Stephen Neumann	Kingsville - Kingsville	1.75m
15	Quinton Eaton	Listowel - Listowel	1.90m
16	Justin Robinson	Assumption College - Brantford	1.75m

Event 83 Women Pole Vault Senior

Saturday 02/06/2012 - 12:30 PM

West Region: 3.91m 28/05/2011 Alysha Newman, Mother Teresa

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Sarah Shepherd	Sir John A Macdonald SS	1.95m
2	Alyssa Fiedler	Grand River - Kitchener	2.50m
3	Abbie McLellan	Cameron Heights - Kitchener	2.20m
4	Tori LaRocque	St. Anne - Windsor	2.60m
5	Nadya Morrow	St. Anne - Windsor	2.60m
6	Meredith Leitch	Sir Frederick Banting - London	2.50m
7	Rachel Bradner	Kingsville - Kingsville	2.75m
8	Jess Authier	Sir John A Macdonald SS	2.30m
9	Sam Jones	St.Thomas Aquinas - London	2.00m
10	Mallory Chamberlain	Saunders - London	2.50m
11	Corrie Cowell	Delhi - Delhi	1.95m
12	Alysha Newman	Mother Teresa - London	3.90m
13	Emily Loebach	Sandwich - Windsor	3.05m
14	Laura Sauro	Assumption College - Windsor	2.30m
15	Shayla Burrows	Oakridge - London	2.20m
16	Naomi Harris	Sandwich - Windsor	2.15m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 84 Men Pole Vault Senior
Saturday 02/06/2012 - 10:00 AM

Pos	Name	School	Seed Mark
West Region: 5.10m 1985 Doug WOOD / Wingham-Madill			
Flight 1 of 1 Finals			
1	Brian Mundt	Sir John A Macdonald SS	2.50m
2	Colin Nancekivell	Lord Dorchester - Dorchester	3.00m
3	Grahame McNevin	Sandwich - Windsor	3.35m
4	Brian Choja	Oakridge - London	3.40m
5	Ryan McAiney	St. Anne - Windsor	3.50m
6	Jay Meyer	St. Anne - Windsor	3.35m
7	Connor Young	Saunders - London	4.25m
8	Corey Abbruzzese	Kingsville - Kingsville	3.50m
9	Doug Miller	Owen Sound - Owen Sound	2.30m
10	Ty Hamilton	Delhi - Delhi	3.45m
11	Micah Hesman	Sandwich - Windsor	3.65m
12	Emil Larsson	Sir John A Macdonald SS	3.75m
13	Nik Hoediono	Sir John A Macdonald SS	4.40m
14	Chris Waugh	Saunders - London	4.05m
15	Mike Lavdas	Sir Frederick Banting - London	2.60m

Event 85 Women Long Jump Senior
Saturday 02/06/2012 - 11:30 AM

Pos	Name	School	Seed Mark
West Region: 5.92m 1996 Laura WESSELING / Delhi			
Flight 1 of 1 Finals			
1	Mikaela Vandenheuvel	Medway - Arva	5.09m
2	Nicole Settington	Oakridge - London	5.41m
3	Carly Horvath	Ursuline College - Chatham	5.21m
4	Emily Omahen	St. Anne - Windsor	5.85m
5	Heather Grandy	Catholic Central - London	4.92m
6	Briawna Taylor	Oakridge - London	5.08m
7	Breanne Nicholas	Blenheim - Blenheim	5.28m
8	Emma Higgins	Resurrection - Kitchener	5.04m
9	Emily Loebach	Sandwich - Windsor	5.00m
10	Brooke Rowland	Westside Secondary-Orangeville	5.73m
11	Jenna West	Holy Trinity - Simcoe	5.03m
12	Natalia Augustyn	Sandwich - Windsor	5.02m
13	Helena Reinfels	Centennial - Guelph	5.29m
14	Celina Decarolis	Holy Trinity - Simcoe	5.61m
15	Sierra Spadafora	Holy Names - Windsor	5.22m
16	Jasmin Kerr	London South - London	5.24m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 86 Men Long Jump Senior

Saturday 02/06/2012 - 1:30 PM

West Region: 7.50m 29/05/2010 Taylor Stewart, Regina Mundi

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Conner Hodgins-Depont	St. Joseph's - St. Thomas	6.50m
2	Mitch O'Donnell	Forest Heights - Kitchener	6.66m
3	Destin Gardner	Vincent Massey - Windsor	6.58m
4	Braden Cok	Sir John A Macdonald SS	6.59m
5	Tyrell Davis	Catholic Central - Windsor	6.15m
6	Brandon Leitert	Erin - Erin	6.56m
7	Mark Edmonds	Glendale - Tillsonburg	6.30m
8	Mike Ascott	W. F. Herman - Windsor	6.56m
9	Cormac Brown	St. Patrick's - Sarnia	6.39m
10	Isaiah Nganga	Westminster - London	6.06m
11	Ben Kelly	Sarnia - Sarnia	6.25m
12	Eric Webber	Holy Trinity - Simcoe	6.38m
13	Brayden Pellett	F. E. Madill - Wingham	6.26m
14	Riley Flanagan	St. Mary's - Kitchener	6.70m
15	Jaydon Gauthier	W. F. Herman - Windsor	6.69m
16	Riley Bell	Central Elgin - St. Thomas	6.75m

Event 87 Women Triple Jump Senior

Friday 01/06/2012 - 7:00 PM

West Region: 12.11m 1996 Monique HAAN / London Christian

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Taylor Wilson	Assumption College - Brantford	10.49m
2	Natalia Augustyn	Sandwich - Windsor	10.82m
3	Mialyn Lee Daigle	ES L'Essor - Tecumseh	10.62m
4	Danielle Quinn	St. Christopher - Sarnia	11.11m
5	Briawna Taylor	Oakridge - London	10.65m
6	Kelsie Eadie	F. E. Madill - Wingham	10.24m
7	Danielle Gunsch	Huron Heights - Kitchener	11.14m
8	Emelia Unsworth	Lambton Central - Petrolia	10.09m
9	Jasmin Kerr	London South - London	11.12m
10	Mikaela Vandenheuvel	Medway - Arva	11.27m
11	Nancy Yu	Kingsville - Kingsville	10.18m
12	Heather Grandy	Catholic Central - London	11.39m
13	Jenna West	Holy Trinity - Simcoe	10.45m
14	Mackenzie Pulham	Pauline Johnson - Brantford	9.67m
15	Sierra Spadafora	Holy Names - Windsor	10.82m
16	Leah de los Santos	Cameron Heights - Kitchener	10.53m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 88 Men Triple Jump Senior

Saturday 02/06/2012 - 10:00 AM

West Region: 15.73m 2002

Kenen SHADD/Kitchener Grand River

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Mitchell Taveirne	Essex - Essex	12.27m
2	Colin Black	Sacred Heart - Walkerton	12.07m
3	Scott Goad	Mother Teresa - London	13.10m
4	Riley Bell	Central Elgin - St. Thomas	14.18m
5	Dante Current	Holy Names - Windsor	12.43m
6	Isaiah Nganga	Westminster - London	12.85m
7	Collin Clarke	Sandwich - Windsor	12.74m
8	Mike Ascott	W. F. Herman - Windsor	13.67m
9	Austin Kreller	Bluevale - Waterloo	13.24m
10	Marco Zanette	Centre Dufferin - Shelburne	12.56m
11	Aidan Simone	London Central - London	12.48m
12	Brandon Leitert	Erin - Erin	12.58m
13	Malcolm Thompson	Holy Names - Windsor	13.09m
14	Mark Edmonds	Glendale - Tillsonburg	12.93m
15	Jaydon Gauthier	W. F. Herman - Windsor	13.04m
16	Braden Cok	Sir John A Macdonald SS	13.52m

Event 89 Women Shot Put Senior

Saturday 02/06/2012 - 1:30 PM

West Region: 14.25m 1996

Liz TOMAN / Elmira

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Brooke Hoxar	Lord Dorchester - Dorchester	10.92m
2	Natalie Warren	A.B. Lucas - London	10.87m
3	Kelly Gribbons	Saugeen District	10.98m
4	Nicole Horneman	Medway - Arva	11.48m
5	Rachel Lacoursiere	Belle River - Belle River	10.16m
6	Mercedes Vansloun	Delhi - Delhi	10.19m
7	Nicole Morse	Essex - Essex	9.98m
8	Karlee Kelly	Bruce Peninsula - Lion's Head	10.54m
9	Brianna Quenneville	Belle River - Belle River	9.70m
10	Brett Jutzi	Stratford NW - Stratford	11.26m
11	Jill Van Damme	Bluevale - Waterloo	11.54m
12	Emily Charlton	West Hill - Owen Sound	10.39m
13	Chelsea Masson	Vincent Massey - Windsor	10.37m
14	Mackenzie Colbran	Northern - Sarnia	10.34m
15	Alex Coyle	Sarnia - Sarnia	10.29m
16	Brindley Jantzi	Stratford Central - Stratford	11.30m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 90 Men Shot Put Senior
Saturday 02/06/2012 - 11:30 AM

West Region: 20.78m 1995

Brad SNYDER / Windsor - St. Joseph's

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Kevin Bowman	Saugeen District	16.54m
2	Josh Dame	Essex - Essex	15.20m
3	Corey Wortley	Vincent Massey - Windsor	13.59m
4	Curtis Cherewka	Delhi - Delhi	13.07m
5	Lance Freer	Strathroy - Strathroy	12.37m
6	Michael Paisley	Lambton Central - Petrolia	14.03m
7	Austin Baggio	Our Lady of Lourdes - Guelph	14.50m
8	Joe Parsons	Ingersoll - Ingersoll	12.73m
9	Charles Nguyen	St. Joseph's - St. Thomas	13.69m
10	Mitch Kuik	F. E. Madill - Wingham	13.92m
11	Amari Ellsworth	Essex - Essex	13.60m
12	Dan Medel	Riverside - Windsor	14.83m
13	Alex Lebbink	Norwell - Palmerston	14.94m
14	Brett Boersma	Northern - Sarnia	15.95m
15	Andrew Cullen	Medway - Arva	12.66m
16	Elijah Corbin	St. Mary's - Kitchener	12.86m

Event 91 Women Discus Throw Senior

Saturday 02/06/2012 - 10:00 AM

West Region: 48.20m 1982

Liz POLYAK / Brantford-North Park

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Kelly Gribbons	Saugeen District	41.05m
2	Brooke Hoxar	Lord Dorchester - Dorchester	40.50m
3	Brindley Jantzi	Stratford Central - Stratford	33.53m
4	Patti Blake	Listowel - Listowel	35.57m
5	Nicole Horneman	Medway - Arva	35.90m
6	Alex Coyle	Sarnia - Sarnia	34.35m
7	Alexis Beddard	Holy Cross - Strathroy	35.24m
8	Jill Van Damme	Bluevale - Waterloo	40.47m
9	Karlee Kelly	Bruce Peninsula - Lion's Head	33.08m
10	Quinn Conlon	Assumption College - Windsor	34.25m
11	Christie Robertson	Saugeen District	32.92m
12	Cayla Wood	Harrow - Harrow	29.81m
13	Sierra Stoffelson	Tollgate Technical School	31.92m
14	Veronica Carpani	St. Clair - Sarnia	27.85m
15	Nicole Morse	Essex - Essex	32.76m
16	Taylor Campbell	Riverside - Windsor	29.27m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 92 Men Discus Throw Senior
Friday 01/06/2012 - 5:30 PM

West Region: 64.94m 1995

Jason TUNKS / London-Banting

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Dan Medel	Riverside - Windsor	41.16m
2	Andrew Vermette	Catholic Central - Windsor	39.22m
3	Lance Freer	Strathroy - Strathroy	42.03m
4	Ryan Smith	Vincent Massey - Windsor	37.07m
5	Kevin Bowman	Saugeen District	47.26m
6	Carter Noll	Lambton Central - Petrolia	37.78m
7	Josh Dame	Essex - Essex	44.76m
8	James Burns	Bluevale - Waterloo	42.44m
9	Mitch Kuik	F. E. Madill - Wingham	40.61m
10	Eric Danecke	Grand River - Kitchener	34.19m
11	Charles Nguyen	St. Joseph's - St. Thomas	45.42m
12	Josh Vandeven	Strathroy - Strathroy	42.19m
13	Andrew Cullen	Medway - Arva	53.67m
14	Nick Zottl	Northern - Sarnia	42.84m
15	Thomas Godwin	Saugeen District	35.78m
16	Eric Yelle	Brantford - Brantford	33.85m

Event 93 Women Javelin Throw Senior

Friday 01/06/2012 - 3:30 PM

West Region: 47.56m 1997

Andrea BULAT / Windsor-Brennan

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Jordan Henry	St. Christopher - Sarnia	34.38m
2	Sophie Bauer	Saunders - London	38.16m
3	Laura Vermeire	Mother Teresa - London	33.50m
4	Breanne Hutchings	Mgsr. E.A. Doyle - Cambridge	38.98m
5	Brooke Rowland	Westside Secondary-Orangeville	44.95m
6	Samantha Lanteigne	Cameron Heights - Kitchener	34.41m
7	Stephanie Shepard	Huron Park - Woodstock	35.12m
8	Samantha Bondy	W. F. Herman - Windsor	37.02m
9	Deseree Bender	Clarke Road S S	32.55m
10	Brooke Hoxar	Lord Dorchester - Dorchester	37.03m
11	Lexie Hanly	St. Clair - Sarnia	35.56m
12	Jasmine Wilson	Elmira - Elmira	40.24m
13	Mackenzie Sleaford	Lambton Central - Petrolia	33.55m
14	Rachel Woolley	Waterloo-Oxford - Baden	33.04m
15	Victoria Smith	Belle River - Belle River	40.59m
16	Alex Bondy	Vincent Massey - Windsor	31.79m



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Event 94 Men Javelin Throw Senior

Friday 01/06/2012 - 2:00 PM

West Region: 70.20m 2001

Trevor SNYDER / Windsor-St.Joseph's

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Michael Paisley	Lambton Central - Petrolia	57.26m
2	Aaron Hackney	Sandwich - Windsor	54.59m
3	Kyle Kinsey	Erin - Erin	46.11m
4	Isaiah Kelly	London Central - London	46.70m
5	Hussein Bazzi	Vincent Massey - Windsor	49.42m
6	Waylon Hodgson	Bruce Peninsula - Lion's Head	48.13m
7	Thomas Godwin	Saugeen District	50.75m
8	Mitch Kuik	F. E. Madill - Wingham	46.61m
9	Mike Knevel	Pauline Johnson - Brantford	46.22m
10	Mac MacSorley	St. Michael - Stratford	47.62m
11	Josh Shepley	Belle River - Belle River	51.76m
12	Braden Litt	St. Clair - Sarnia	45.92m
13	Sam Jasmin	Northern - Sarnia	49.77m
14	Isaiah Mels	Westminster - London	50.55m
15	Eric Danecke	Grand River - Kitchener	54.24m
16	Nolan Anderson	Mother Teresa - London	47.25m

Event 95 Women 4x100 Meter Relay Senior

Friday 01/06/2012 - 7:15 PM

West Region: 48.73 2000

LONDON-BANTING

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Catholic Central - London	A	52.48
	1) Alyssa Medeiros	2) Jordan Stapleford	3) Andrea Quinn
			4) Amy O'Donnell
2	General Amherst - Amherstburg	A	52.13
	1) Aleah Marton	2) Jasmine Hurst	3) Christine Belcher
			4) Victoria Chase
3	St. Anne - Windsor	A	51.95
	1) Kortney Dietrich	2) Emily Omahen	3) Meighen Boyd
			4) Amber Bechard
4	Holy Trinity - Simcoe	A	51.46
	1) Logan Land	2) Hannah Reardon	3) Celina Decarolis
			4) Alannah Doyle
5	Sandwich - Windsor	A	51.79
	1) Emily Loebach	2) Courtney Fleming	3) Natalia Augustyn
			4) Raegan Deschamps
6	F. E. Madill - Wingham	A	52.06
7	St. Joseph's - Windsor	A	52.45
	1) Ore Ayo-Olaniyan	2) Madison Herman	3) Jallandra Warden
			4) Enita Parent
8	Belle River - Belle River	A	52.79
	1) Aubree Colquhoun	2) Lauren Howard	3) Madison Dalley
			4) Brogan Probert



**OFSAA West Regionals
Track and Field**

**University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program**

Section 2 of 2 Timed Finals...(Event 95 Women 4x100 Meter Relay Senior)

1	St. Anne's - Clinton	A		51.34
2	Northern - Sarnia	A		51.24
	1) Marlowe Pecora	2) Chantal Caraher	3) Leanne Holdaway	4) Jess Bonnema
3	Centre Wellington - Fergus	A		50.40
	1) Avery Moroney	2) Alisha Sealey	3) Kelsi Darmon	4) Taryn Collins
4	St. Mary's - Kitchener	A		49.88
	1) Monica Januszek	2) Jaimie Phelan	3) Tanisha Johnson	4) Agata Kulczynska
5	London Central - London	A		50.28
	1) Sydney Fisher	2) Mikaela Ferguson	3) Taylor Farquhar	4) Christine MacNeill
6	Resurrection - Kitchener	A		50.69
	1) Kristen Dietrich	2) Emma Higgins	3) Bailey Sprout	4) Tatum Dietrich
7	John F. Ross - Guelph	A		51.30
8	Sir Wilfrid Laurier - London	A		51.34
	1) Mikhaila Wright	2) Mikeisha Bobb	3) Becky LeBlanc	4) McKenzie Johnson

Event 96 Men 4x100 Meter Relay Senior

Friday 01/06/2012 - 7:15 PM

West Region: 42.1h 1992 WATERLOO-BLUEVALE

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Strathroy - Strathroy	A	45.67
2	Holy Cross - Strathroy	A	45.16
	1) Scott Potenza	2) Mike Berkers	3) Justin VandenDriessche
3	Lambton Central - Petrolia	A	44.89
	1) Mike Giorgi	2) Michael Gray	3) Steven Helps
4	Essex - Essex	A	44.33
	1) Skye Wolfe	2) Tyler Bellaire	3) Josh Dame
5	Assumption College - Brantford	A	44.82
	1) Brayden Dickenson	2) Justin Robinson	3) Eric Carey
6	Sir John A Macdonald SS	A	44.95
	1) Matt Bell	2) Michael Piaseczney	3) Braden Cok
7	St. Mary's - Kitchener	A	45.33
	1) Nathan Hann	2) Sam Martinello	3) Russel Ferdinand
8	Guelph - Guelph	A	45.93
	1) Aaron Loder	2) Thomas Snelgrove	3) Jordan Beatty



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Section 2 of 2 Timed Finals...(Event 96 Men 4x100 Meter Relay Senior)

1	W. F. Herman - Windsor	A		44.33
	1) Jaydon Gauthier	2) Curtis Holmes	3) Dylan Papak	4) Brandon McBride
2	Holy Names - Windsor	A		44.12
	1) Anthony Ubah	2) Robert Herzog	3) Jake Francis-Taylor	4) Ian Montero
3	Catholic Central - London	A		43.42
	1) Lucas DeNard	2) Myles Rombough	3) Ryan Chevalier	4) Nick Vanin
4	Northern - Sarnia	A		42.67
	1) Mitchell Smiley	2) Nick Zottl	3) Drelan Bramwell	4) Broderick Webster
5	F. E. Madill - Wingham	A		43.03
6	Sandwich - Windsor	A		43.47
	1) Khalil Parris	2) Shawn Beaudoin	3) Micah Hesman	4) Mitchell Nelson
7	Westminster - London	A		44.20
	1) Toufic Hammoud	2) Sami Krasniqi	3) Isaiah Mels	4) Saeb Omer
8	Our Lady of Lourdes - Guelph	B		44.79
	1) Nick Parisotto	2) Noel Amaya		

Event 97 Women 1500 Meter Steeplechase Open

Friday 01/06/2012 - 2:00 PM

West Region: 5:02.59 2009

Haley Cadwallader, Sarnia CI@TS

Lane	Name	School	Seed Time
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Section 1 of 1 Timed Finals

1	Ashley Bracci	Vincent Massey - Windsor	5:29.55
2	Julie-Anne Staehli	F. E. Madill - Wingham	5:17.36
3	Alex Hildebrand	Elmira - Elmira	5:32.45
4	Paige Odegard	Northern - Sarnia	5:33.91
5	Olivia Flook	Blenheim - Blenheim	5:33.70
6	Emily Williams	North Lambton - Forest	5:33.87
7	Mandie Jubenville	W. F. Herman - Windsor	5:30.48
8	Jordyn Visscher	Woodland Christian - Breslau	5:23.79
9	Nicki Parkes	St. Christopher - Sarnia	5:20.15
10	Shannen Murray	St. Anne's - Clinton	5:25.60
11	Ainsley Nantes	St. Mary's - Kitchener	5:32.74
12	Olivia Mater	Guelph - Guelph	5:32.76
13	Tiana Beharriell	Strathroy - Strathroy	5:50.08
14	Stef Smith	Oakridge - London	5:49.20
15	Paige Parker	John F. Ross - Guelph	5:32.67
16	Sarah Spottiswood	Montcalm - London	5:37.25

WT
Windsor Timing



OFSAA West Regionals**Track and Field****University of Windsor Stadium - 01/06/2012 to 02/06/2012****Meet Program****Event 98 Men 2000 Meter Steeplechase Open****Friday 01/06/2012 - 2:00 PM****West Region: 5:56.7h 1984****Nick CIPP/Waterloo-Bluevale**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Alexander Wallace	London Central - London	6:55.29
2	Julian Smith	West Hill - Owen Sound	6:52.95
3	Kieran Doherty	Galt - Cambridge	6:50.90
4	Jason Huber	St. Anne's - Clinton	6:47.61
5	Matt Hall	St. Christopher - Sarnia	6:16.40
6	Garrick Loewen	Assumption College - Windsor	6:22.98
7	Peter Quosai	Centennial - Guelph	6:43.67
8	Jeremy Hick	Strathroy - Strathroy	6:26.84
9	Colin Pegg	Woodstock - Woodstock	6:46.70
10	Tyler van Leeuwen	St. John's College	6:25.47
11	Jack Porter	Riverside - Windsor	6:24.57
12	Daniel Debus	Bluevale - Waterloo	6:20.76
13	Daniel Piticariu	Vincent Massey - Windsor	5:59.00
14	Jesse Burt	Huron Park - Woodstock	6:53.09
15	Taylor McArthur	Ursuline College - Chatham	6:20.28
16	Brandon Allen	General Amherst - Amherstburg	6:08.94

Event 99 Women 4x400 Meter Relay Open**Saturday 02/06/2012 - 3:30 PM****West Region: 3:54.13 2008****RESURRECTION**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Our Lady of Lourdes - Guelph	A	4:14.46
2	St. Anne's - Clinton	A	4:13.55
3	F. E. Madill - Wingham	A	4:13.07
4	St. Christopher - Sarnia	A	4:11.55
	1) Lauren Holman 2) Allison Deery 3) Nicki Parkes 4) Michelle Reddy		
5	St. Thomas Aquinas - London	A	4:12.43
	1) Leah Komer 2) Katherine Marentette 3) Katie Parry 4) Hilary Stafford		
6	Catholic Central - London	A	4:13.12
	1) Alyssa Medeiros 2) Amy O'Donnell 3) Jordan Stapleford 4) Danielle Casavecchia		
7	Guelph - Guelph	A	4:14.29
	1) Alex Cvetich 2) Vanessa Linton 3) Taylor Jarvis 4) Marissa Kurtimah		
8	Lambton Central - Petrolia	A	4:22.25
	1) Darian Limb 2) Jillian Rops 3) Mallory Straatman 4) McKayla Eves		



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Section 2 of 2 Timed Finals...(Event 99 Women 4x400 Meter Relay Open)

1	St. Anne - Windsor	A		4:10.17
	1) Emily Omahen	2) Marissa Mcnaughton	3) Brittany Gill	4) Amber Bechard
2	Mother Teresa - London	A		4:09.12
	1) Sara Grzywnowicz	2) Elizabeth Barbon	3) Leah Devos	4) Bridget McIlmoyl
3	St. Mary's - Kitchener	A		4:06.84
	1) Olivia Scagnetto	2) Ainsley Nantes	3) Monica Januszek	4) Jaimie Phelan
4	Vincent Massey - Windsor	A		4:04.32
	1) Brianne Bracci	2) Fiona Rocheleau	3) Paiton Del Monte	4) Alexandra Moore
5	John F. Ross - Guelph	A		4:06.05
6	Northern - Sarnia	A		4:07.42
	1) Leanne Holdaway	2) Cassidy Crowe	3) Chantal Caraher	4) Siobhan Smith
7	Centre Wellington - Fergus	A		4:09.47
	1) Alisha Sealey	2) Stephanie Shaw	3) Taryn Collins	4) Amber Sealey
8	Belle River - Belle River	A		4:11.24
	1) Victoria Cotton	2) Isabella Habuda	3) Michaela Therrien	4) Emma Sparnaay

Event 100 Men 4x400 Meter Relay Open

Saturday 02/06/2012 - 3:30 PM

West Region: 3:19.22 29/05/2010 W. F. Herman S S - swhe, Herman, W.F.

A Colquhoun, C Johnson, B McBride, M Savic

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Huron Park - Woodstock	A	3:36.62
2	Lord Dorchester - Dorchester	A	3:35.72
3	Resurrection - Kitchener	A	3:34.53
	1) Connor Finnigan	2) Jackson McIntosh	3) Craig Lyons
4	John F. Ross - Guelph	A	3:32.03
5	Holy Names - Windsor	A	3:32.07
	1) Anthony Ubah	2) James Krasinkiewicz	3) Brandon Miner
6	St. Mary's - Kitchener	A	3:34.81
	1) Sam Martinello	2) Ben Flanagan	3) Sam Baxter
7	Bluevale - Waterloo	A	3:36.28
	1) Sheldon Budhram	2) Daniel Debus	3) Jesse Smith
8	Regina Mundi College - London	A	NT



OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Meet Program

Section 2 of 2 Timed Finals...(Event 100 Men 4x400 Meter Relay Open)

1	Hon. W.C. Kennedy - Windsor	A		3:31.59
	1) Tommy Duongchantha	2) Mark Emode	3) Cory Simard	4) Preston Soucie
2	Riverside - Windsor	A		3:27.93
	1) Corey Bellemore	2) Justin Bellemore	3) Ryan Marchand	4) Scott Neilson
3	Catholic Central - London	A		3:25.05
	1) Myles Rombough	2) Curtis D'Hollander	3) Ryan Chevalier	4) Nick Vanin
4	Northern - Sarnia	A		3:23.36
	1) Jordan Huzevka	2) Broderick Webster	3) Nick Zottl	4) Drelan Bramwell
5	Sandwich - Windsor	A		3:23.55
	1) Nick O'Neil	2) Shawn Beaudoin	3) Micah Hesman	4) Khalil Parris
6	W. F. Herman - Windsor	A		3:25.77
	1) Jason Johnson	2) Brandon McBride	3) Dylan Papak	4) Devon Woods
7	Cameron Heights - Kitchener	A		3:30.24
	1) Jordan Sherwood	2) Christopher Green	3) David Mohan	4) Christian Fryer-Davis
8	F. E. Madill - Wingham	A		3:31.89

Event 101 Women 100 Meter Ambulatory

Friday 01/06/2012 - 5:50 PM

West Region: 15.29 28/05/2006 Joanna Edwards, MacKenzie-Sarnia

Lane	Name	School	Seed Time
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Section 1 of 1 Timed Finals

4	Sara Albers	St.Thomas Aquinas - London	18.22
5	Madison Wilson-Walker	Lord Dorchester - Dorchester	21.27

Event 102 Men 100 Meter Ambulatory

Friday 01/06/2012 - 5:50 PM

West Region: 12.08 01/06/2006 Deric Kruse, F.E.Madill

Lane	Name	School	Seed Time
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Section 1 of 1 Timed Finals

3	Lucas Adam	Grand River - Kitchener	18.73
4	Cody Salomons	London Christian - London	13.89
5	Austin McLaren	Saugeen District	18.04
6	Matt Monroe	Ursuline College - Chatham	17.08
7	Devon Newell	Central Huron - Clinton	18.87

Event 104 Men 1500 Meter Wheelchair

Saturday 02/06/2012 - 11:10 AM

West Region: 4:37.13 2008 Ian Van Heteren, Strathroy

Lane	Name	School	Seed Time
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Section 1 of 1 Timed Finals

1	Eric Voss	St. Michael - Stratford	7:48.40
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Windsor Timing

